

A Prayer - Impulses for a Prayer of the Heart & For the Binding of evil Spirits

Prayer is more than to call the Lord - our way of living as a whole should be a Prayer. In order to speak with the Lord, no 'lip service' is necessary. The attitude of the heart - praying 'in Spirit and in Truth' is the prayer, which is heard by God.

Everything else would be, like wanting to call Him by phone, while the Lord is waiting on the radio device... Here are some ideas for a prayer of the heart. It does not claim to be complete, nor should it be a template for a 'reading'...

" Dear Father, our almighty God, Jesus Christ

I offer You praise, honor and worship. Thank You for Your help, grace and guidance.

First, I humbly lay down my transgressions before You and I repent from the depth of my heart for them.

Forgive me my sins, deliver me from evil and give me strength and insight, so that I will sin no more in the future.

Dear Father - thank You, that You show me my most vulnerable spots through temptations and trials.

Please help me to succeed with my will, so that I may become a victor over myself through You.

What my fellow men have done to me - consciously or unconsciously - I forgive them from my heart.

Bless and enlighten them. Heal their wounds and gladden their souls.

Lord, please don't let me be the cause of another man's sin.

Dear Father, teach me, that I can recognize Your Love, Your Greatness and Your Ways better and better. Please give me light into my soul!

I want to get to know my being, my weaknesses and my strength with Your wisdom, in order to be able to change things for the better.

I want to become more holy and pure, knowing, that this is the most powerful protection against the onslaughts of the evil one.

Where I am still weak, please Father, grant me a special grace, to be able to detach myself from the world and its harmful spirits and influences.

From the bottom of my heart I include my loved ones, my friends, my.... in this prayer.

I ask you, my dear and strong angels, to accompany and protect us.

In the Name of Jesus Christ I bind all evil spirits. Your evil deeds against us are to end NOW!

Leave our hearts and thoughts immediately, dislodge yourself from our physical bodies, remove yourself from our dwellings.

In spite of all inconveniences, we commemorate you with love - our misguided brothers and sisters - Lord, please, let them find healing and peace.

Dear Father, with Your help und Your guidance I'd like to be a blessing to my fellow men.

My love for You, o Lord, and for my neighbour shall continue to grow. Grant me the possibility, to practise that.

I ask you to allow me to recognize and fulfill the mission you have appointed for me.

Grant me a joyous, open, alert and clear mind. Teach me, to live in Your commandments.

Lord, all thanks and all praise belongs to You and my very best thoughts and wishes for my fellow men and for you, my dear angels.

I cover us all with the blood of our Lord Jesus and I am glad to move forward with a steadfast trust in You, my Saviour.

Thank You, dear Father - Amen"