

[Prayers, Meditations and Teachings about Prayer and Worship](#)

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Let Me lead you through the Prayer of Surrender... Come, My Lost Ones

March 14, 2016 – Excerpt of Jesus' Message thru Sister Clare

(Jesus) "I am speaking now to you lost Ones... you do not have to live in terror of your enemies. When you give your life to Me, I protect you. I assign angels to care for you. I meet with you everyday and instruct you, if you give Me that time. I watch over you in all your ways and plan surprises for you, good surprises, callings and giftings you never knew you had. Things that will be a source of unending fulfillment and joy. Things the enemy kept you from by throwing you into despair and a violent lifestyle.

"This lifestyle, while it gives you a very fleeting impression of importance, is empty and without eternal rewards. It begets more violence, sickness, bitterness and death. It can never satisfy your need for Love, the genuine article. Yes, I know all about you and I still love you, I still want you in Heaven with Me. Yes, I know how cruel and dark your life has been, but I am promising you a home in Me. Yes – living with Me, where every new day is full of opportunities, every month full of growth, every year yields greater and greater happiness.

"Yet, you must turn from the wicked ways you have followed all your life, turn your back on them, come to Me and give Me your life. I will take you by the hand and lead you to victory. You will overcome what always overcame you before. You will be filled with meaning and purpose, where in the past you had only disappointment, incarceration, oppression, and darkness to embrace you day after day.

“Yes, I have come to rescue you, My child. I have come to break the yoke of bondage you’ve been living under. I have come to heal the wounds without number your heart is stricken with. I know what it is like to be despised and hated. I know what it feels like to be beaten almost to death. I know what it feels like to be kicked in the face by those you meant only good for. I have lived through all those extremes of life and conquered them with Love. And I will empower you to conquer and be empowered by Love.

“I will remove the bitterness and condemnation of the past and run to place a coat upon your back and a ring upon your finger. I have come to give back to you the very life that was stolen from you when you were born. Yes, I will restore you to someone you never knew you could be. Yes, I will set you free! Yes, I will protect you and bring you to Heaven with Me.

“All you need to do is turn to My loving arms and say ‘Yes, Lord. Today I give You my life, such as it is; today I surrender my soul to You. Forgive me for the wicked life I have led, forgive me for what I have done to others and help me forgive what they have done to me. Come into my heart, Jesus, take over this mess I call my life. I surrender it to you.’

“Say this, My child, from the heart and I will embrace you and bring you into a glorious new future. Yes, I make this promise to you: give Me your life and I will give you My hope. The scales of blindness, the knives of bitterness still in your heart, I will remove. I will heal these wounds and set you on high above your enemies. You will conquer and overcome the devils of the past and their terror will terrify no more.

“Come, place your hand in Mine. Come, you are Mine now. Let us together walk out of this prison of the past and into the glorious light of a new day... Come.”

What is Dwelling Prayer?

Sister Clare explains Dwelling Prayer... Excerpts of various Teachings

(Clare) I’ve had a few people ask us about our method of prayer, and how we’ve gotten so close to the Lord.

That’s why I share with you how we draw near to God in Dwelling Prayer. We call our form of prayer ‘Dwelling Prayer’, because we’re dwelling with the Lord according to His promise that if we love Him, we will obey Him and He will dwell with us. John 14:21... He who has My commandments and keeps them, it is he who loves Me. And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him.

He is the entrance, the gateway to Heaven. And so, what we do, we come into His presence with thanksgiving and praise, as is written in the Scriptures. We worship Him. And, as we’re worshipping, we enter into our hearts spiritually, where he is present – and we worship Him there in our hearts. We use our imagination to some degree, just to get started to see the Lord, and He takes over pretty quickly.

Well, we start out with the Binding-Prayer. The Binding Prayer begins with repentance for our sins and shortcomings. What’s nice about that is that when we’re looking at these different things that are possible sins that we could have committed during the day, it kind of gives us an outline...

Preparation for the Binding Prayer...

Dear Lord Jesus, I come before You as a child still learning; please teach me to see and hear You clearly. Please search my heart, and help me to repent and direct these prayers so they are effective. Please reveal to me the doors I have opened. Jesus, please remove them with their demons to the abyss and help me to sin no more.

Open doors could be...

Did I pass judgment or criticize in my heart or mind, falsely accuse, gossip or cast a slur? Did I steal, cheat or lie, spend money meant for other things, take something that belonged to another? Did I covet, over-eat or lust for something, or listen to something sinful? Did I disrespect my spouse or parents? Was I arrogant and proud, did I disobey You?

Forgive me, Lord, and deliver me from evil. Father, I forgive and bless from my heart those people who have chosen to be our enemies, and pray that Your love would heal and convert them. 'Forgive them for they know not what they do.' Guide me so I am not the cause for another man's sin, but a blessing, leading them to You.

So, it's a good idea to do an internal check about where we are at and what we've done today, our attitude about the day. Our attitude about the Lord and our attitude towards others. So, I'd take the time to do that, looking at each item and making sure that I've apologized and asked forgiveness having done what I did. And asking for strength not to do it again.

So after we are done with the Binding Prayer, we like to enter into the Lord's presence with praise and thanksgiving, worshiping Him in spirit and in truth. We can do this with or without music. We prefer to be drawn to Him through the lyrics of a worship song, sung directly to Him, or by His Grace He may touch us and draw us in without any other manifestation. You may feel more led to pray and worship without music, just going to Him directly in your heart. I mean, all of these things work. We just want to be close to Him and there's many different ways to be close to Him.

There's no set formula. But we have found a formula that most often works for us. And we begin by playing worship music and entering into the song. Worshiping the Lord through the lyrics of the song and, many times we'll begin to see Him very clearly while we're worshipping. And then we just connect with Him and continue to worship Him.

There comes a time during worship where He would like to impart something special to us – so there's kind of a holy silence that comes over us. A very sweet and special peace that the Lord inundates us in. And, we stay there with Him and we dwell with Him in our hearts – we continue to dwell with Him, for it's written... If we obey Him, then He will dwell with us.

So, that's Dwelling Prayer. We dwell with the Lord and we listen for His voice, and we enter into our hearts with thanksgiving and praise and worship, where Jesus dwells. And, at a certain point, He may want us to be still and dwell in Him. And, so we do and He speaks to us there. Jesus is the True Shepherd – no one comes to the Father except they come through the gate of the sheepfold, where Jesus is.

Now, after we've been with Him for a while in dwelling prayer, sometimes it seems like we are seeing Him on the outside of us, you know like standing before us, sitting before us. And that's just spiritual vision – that can be in our heart, or outside of us. But, you begin in the heart by worship, and this safeguards us from taking a wrong turn or getting involved with things that are wrong.

Believe that He wants to be with you more than you want to be with Him because, I'll be honest with you, that's the absolute Truth. He longs for your presence and because you're not there with Him and for Him, He continues to long for your presence. It's a lie that you're not good enough for God to talk to you.

He may begin talking with you by putting thoughts in your inner mind...like a spiritual voice. He'll always be kind, gentle, and affectionate with you. Never harsh or condemnatory. He may even ask you to write down your conversation with Him.

This is a good thing to do. Then you can go back and read what He's saying and again, have confidence in listening to Him. Because when you go back and read your journal you can feel it and hear the voice of the

Lord just coming through those lines and it gives you so much more confidence to go back into prayer again and expect to hear from Him.

You can also answer Him and this will become a time of dialogue between the two of you. This is where the relationship really begins to blossom and you talk to each other and He speaks His Heart to you and you pour your Heart out to Him, too. Sometimes He'll take you even to Heaven.

Here is a Song about the very basic attitudes of heart and behavior that inspire God to invite us into His Dwelling place to commune with Him. He longs to spend intimate trusting time with us, truly He longs for this, but some sins are especially destructive and obnoxious to God and Heaven and they tend to separate us from the sweet intimacy that could be ours.

As we progress in our walk with Him, He begins to address these things because we are no longer children who feed on milk alone. We have been walking in the Spirit, taught by the Spirit and are beginning to manifest the fruits of the Spirit...true holiness. In this song I exhort all of us to keep a guard on our hearts knowing that we can please God by protecting the eye and ear gates into our minds and beings. And let us also be vigilant about what is coming out of our mouth...

The Song is based on Psalm 15 – sung by Sister Clare (heartdwellers.org)

Who may dwell, who may dwell in Your holy tent?
He who walks righteously, speaking truth from the heart.
He who rejects dishonest gain,
and stops his ears against plots of destruction.
Who shuts his eyes against contemplating evil.
Who slanders not his neighbor, nor harms another.
And never defames a friend.
Who may dwell, who may dwell on Your holy mountain?
He who refuses to contemplate harming his brother,
and keeps his tongue from evil, Never using his lips to deceive.
He who harbors not bitter envy and selfish ambition.
He who keeps his heart free of judgment
and always speaks well of others.
You will dwell on the heights, never to be shaken.
He who forgives offences and is quick to confess his own fault,
Who is lenient with the shortcomings of his brother,
and swift to correct the error of his own ways.
He who spends not his life on worldly gain and pleasure,
but looks after the needs of the poor and the alien in his midst.
He who cares nothing for the praises of men,
nor courts their favor,
but considers his ways before God
and seeks only His favor.
You will dwell on the heights, never to be shaken.
He who gives thanks when things go well,
as well as when things go badly.
Who entrusts his life to the wisdom of the Almighty.
He who forms no complaint in his heart,
nor utters a deprecating word,
But makes his heart a tabernacle of praise
and thanksgiving to the Most High God,
always giving thanks for His benefits.

You will dwell on the heights, never to be shaken.
Your refuge will be the mountain fortress.
Your bread will be supplied and water will not fail you.
Your eyes will see the King in His beauty.
And view a land that stretches afar.
You will dwell on the heights, never to be shaken.

Binding Prayer against every Evil

January 11, 2018 – Published by Sister Clare

As a child of Almighty God, Elohim, I call upon the Holy Ministering & Warring Angels to pray with US & enforce every directive. I declare the word 'US' to include... (enumerate as you wish)

For Example...

Angels, Family, Staff, Prayer Warriors, true Heartdwellers, Clare & Ezekiel with Team, ourselves etc. – our pets, equipment, Channels, CD's, books & all resources for our works for the Lord.

Father, please clothe US completely in the Blood of Your Son, Jesus, and Your full Armor. Strengthen US in faith, courage and valor to stand against & overcome the evil within ourselves, as well as the evil without. Father, please send US the angelic forces and Holy Spirit guidance we need.

In the Name of Jesus, I speak to every demon against US: I bind your ability to communicate. Undo your devices, return what you have stolen, repair what you have damaged—and release US, NOW. In Jesus' Name, release US, NOW. In Jesus' Name, release US NOW. I bind all your faculties necessary to act against US, your force, skill, all your connections, back up, retaliation, leaders and associates. I break every assignment and retaliation against US, now, in Jesus' Name. You are finished here. I bind your excrement to you and send you directly to the feet of Jesus Christ and ban you from ever returning to US.

x3 In the Mighty Name of Jesus, every part of Satan's kingdom against US—come down now, never to be replaced! x3

I call upon the Warring Angels to go before US and demolish every slander, lie, deceit & weapon against US and those being led to US. I silence, disable and send to the feet of Jesus all those who created these, their leaders, backup & forces of retaliation, in Jesus' Name & call for the Warring Angels to enforce this.

x3 In the Name above all Names, Jesus the Christ, I cancel all assignments & permissions for oppression against US. I break & forever bind every evil: inter-dimensional, spiritual, physical, emotional, mental force, evil connection & projection. Every act, thought and weapon against US. I permanently break every stronghold, link, cloak, curse, hex, evil wish, spell, incantation, seal, devilish wile against US or ministries, that have gone forth from the heartdweller ministry, in Jesus' Name. x3

Holy Angels, please enforce this. It is written, "No weapon formed against US will prosper." Lord, help US to conquer evil with Your diligence & courage.

Lord Jesus, please send Your Holy Angels to stand guard. Make a complete sweep, and remove every demon & evil practitioner from our borders, block every projection, disarm every cursed object, trap & time bomb; destroy every egg, pod & hatchling and intercept every force aimed at US.

Lord Jesus, please fortify & make impenetrable the globe of angelic protection surrounding US, wherever we go. I seal every evil portal in the air, earth, fire, water & inter-dimension on this property with the Blood of

Jesus. Please send Your Holy Angels to stand guard & stop our enemies, cursed objects, forces of evil from entering. Thank you, devout and mighty Holy Angels, for enforcing these prayers. And for coming to our rescue so many times.

In the Name of Jesus, I bind every lying spirit, every spirit of division visiting this Channel. I send you to the feet of Jesus, along with your lies and excrement. Your assignments on this Channel are finished. Every curse, hex, evil wish & spell formed against this Channel and the people who visit here & work here, in Jesus' Name, I break you NOW.

3x In the Name of Jesus Christ, I break every death curse formed against us. We will live and prosper to declare the glorious works of the Lord. 3x

Lord Jesus, please fortify, sustain and bless our angels mightily in battle. Increase their power, endurance, strength and send reinforcements with healing in the heat of the battle. Holy Angels, we bless and thank you profoundly for your defense and protection. I speak divine and supernatural favor with God and man over US, over our angels and our works for You, Lord. Holy Angels, please set up strong defense around every work for the Lord, to protect those who are truly seeking Him.

Father, Jesus, Holy Spirit: from the heart we praise, honor and adore You. Thank You for loving US & giving US the power to overcome evil. Jesus, I trust in You. Thank you for writing our names in the Lamb's Book of Life. Jesus, I trust in You. Thank you for sending Your holy angels to defend us. Jesus, I trust in You. Make US holy, even as You are holy.

Holy Father, please restrain the increasing darkness and grant US more time, more grace, more mercy to sow and gather souls and the wisdom and self-control to live for You alone, in these final days.

These are official orders, inspired by the Holy Spirit of God, a legal and binding document in the Courts of Heaven. It is written "Whatever you bind on Earth shall be bound in Heaven." Amen.

Meditation with Jesus... MY CHILD... YOU ARE FORGIVEN

April 3, 2015

Clare began... I'd like to share with you a very beautiful blessing the Lord gave me in prayer. And He told me that He wanted me to do this with you.

As usual, I came into worship, and as I was worshipping Him I saw Him standing on a bridge over a beautiful, crystal clear stream.

It was a narrow stream, perhaps about 8 feet wide, with an arch-shaped bridge with a railing. And the Lord was standing on the bridge with me, and He was holding me. We were listening to the music. I was so aware of my shortcomings and my sins and my failings...As we were worshipping, my mind would kinda drift off into another place, and I've really been concentrating lately on forgiveness. Very painful memories would come up. Even though the Lord was holding me and I was just resting with my head on His chest, I would have these memories of things that were very painful that were done to me. And I would make an act of the will to forgive... 'Lord, I make an act of the will to forgive them.'

These memories kept coming up. And then things that I had done, especially things like wasting time, lavishing time on foolish things for myself rather than lavishing that time on souls. And just this really, really deep sense of remorse came over me and I just started crying and crying. Different things would come to mind that I had done, and how I had failed Him. And each time something would come to mind, I would see a shadow.

Something would come floating down the river and pass right under the bridge, and there would be blood on top of it.

What it was, it was that package of sin that I'd been holding onto, and the Blood of Jesus was like a covering over it. Or a red shadow that would float down this crystal clear water. The water was just so pristine and beautiful most of the time, but every time I thought of something that I had done, and how I had failed Him, I'd see this red shadow floating down the river and really flowing all the way down the river and into the sea of Mercy. The Sea of God's Mercy. The Lord let me understand that I was forgiven, that it's GONE! It's under the Blood. That's done with!

So, this continued on for probably a good 20 minutes and I just continued to come up with things that I was holding, that I felt really bad about, that I had failed Him. And He just kept holding me and the sweet praise music was playing in the background. These packages would just keep coming until I finally got the idea.

And He said, "All. All has been forgiven. Everything has been forgiven. There's nothing left to forgive, Clare – it's all gone! It's ALL been forgiven."

And there was such a tremendous sense of release afterwards and an understanding that He'd forgiven me. He wanted this water, this crystal water to be flowing freely, perfectly clear in my heart. These rivers of living water flowing so clear, without any stains, without any remorse, without any unforgiveness, with no shadow and no stain of any kind – just pure, pure Living Waters. He wanted me to experience that. And He wants YOU to experience that.

So, tonight He wanted me to do a meditation with you, to help you envision that, and to be able to release the things that you're holding on to that you've done, or that others have done to you. To release them into the Lord's ocean of Mercy. Let Him sweep those things away, let Him cleanse you with that perfectly clear water. So that He can help you let go of the things, the failures, the disappointments and wounds of the past. And those waters can flow clearly through your hearts again – just as a newborn infant's. Pure, sparkling, clear water.

So, find a place, someplace in the house where you can have privacy, where you can be real quiet – no one will interrupt you. Just settle down for a moment into a comfortable place.

It's probably best to close your eyes. And this beautiful, park-like atmosphere with trees, flowers and beautiful green grass. It's a warm afternoon with gentle shadows and gentle sunlight filtering in through the trees.

Not too far away is a stream, you can hear it gurgling. And this stream is amazingly clear water. I've just never seen water this pristine – just absolutely crystal all the way to the bottom. Beautiful white, sandy bottom. There's a bridge across the stream, 10 feet wide. It's a small stream but it's very deep and the bridge is an old-fashioned arch-shaped bridge with a railing.

Now, I'd like you to take a moment and recall to mind your very, very favorite – most favorite image of Jesus. The one that really comes alive to you in your heart. And I'd like you to see yourself standing with Jesus in the very center of the bridge over the stream. He's holding you very tenderly and your head is on His heart. And you feel so much comfort being with Him. His arms are around you and He's just holding you gently, but securely. And you feel such peace.

The water is so clear, you can see moss on the bottom and shells, beautiful different colored shells. But mostly, it's a white sandy bottom – pure, crystal clear water.

And now you're going to begin just worshipping Him. You don't want anything to pollute that water. That water represents your stream of consciousness and your heart, what's in your heart. You're His Bride. By His grace

it's crystal clear but there are things that you need to forgive people for, because they've hurt you. As you're worshipping your mind kind of drifts off when something comes to mind that really hurt you. And at the same time that you're resting your head on the Lord's heart, you can see the waters of this stream. And the waters are crystal clear with a white sandy bottom. For it is written that 'out of our innermost, living waters will flow.' (John 7:38) And this is Living Water, nothing to cloud it.

But as the Lord is holding you, Holy Spirit allows to come to mind what really hurt you deeply and with the memory of that person that Holy Spirit has brought to mind, this pain in your heart just floods over you and you remember what happened. You're hurt so terribly inside and you're looking upstream. You see there's a red cloud floating in the crystal clear water, and no longer can you see the white sandy bottom. It's moving towards you, murky, murky red. The murky part is the pain and the incident and what happened and how you were hurt. And the red part is the blood of the Lord, covering the whole situation.

And as it gets closer, the memory becomes more painful, the person becomes more clear. You tell the Lord, "Lord. I release them, I forgive them. I make an act of the will to forgive them. Bless them. I forgive them, Lord." And as you say that, this murky red cloud passes underneath the bridge where you are standing with the Lord. The water becomes crystal clear again and the white sandy bottom is showing. And that murky red cloud continues to flow downstream, until it reaches a big body of water. And that body of water is the Ocean of God's Mercy. That memory and that person passes into the Ocean of Mercy to be lost and never seen again. And you ask the Lord to bless them. "I forgive and bless them."

And the Lord gently says to you, "You may have forgiven them, but you still have the pain. It's okay to hurt. It's okay to have the pain, but that doesn't mean you haven't forgiven them. You HAVE forgiven them."

And then He brings another person to mind. And you tell the Lord, "I forgive them, Lord. I make an act of the will to forgive them. Bless them, Lord. Please bless them."

And again, that red shadow begins to approach from upstream and it comes towards you and it goes underneath the bridge and out into the Ocean of His Mercy. And the Lord is smiling very gently, and holding you. And He's so happy with you. So happy.

Just meditate on these things for a few moments, allow Holy Spirit to bring to mind those people who have deeply wounded and hurt you.

It is written... 'Forgive us our trespasses as we forgive those who have trespassed against us.' And now that we've allowed the Lord to take us through our memories and expose some of the things that we haven't forgiven, now it's the time to come to Him and ask Him to forgive us. For the ways that we've failed Him and failed our brother.

And just as we experienced, the cleansing power of His love, as we forgave others, now as we come to Him – He'll forgive all of the things that we've done. Again, they'll be going downstream into His Ocean of Mercy, where they'll be forever and ever and ever buried in the very bottom of the Ocean, until they are no more. And we can walk in freedom and joy and anticipation that soon there will be the Midnight Cry and the words, "Behold! The Bridegroom approaches!" And the shofar will sound and we will forever be with the Lord in Heaven.

It's simply not His wish at all for us to be downcast and fearful until He comes. He wants us to be set free. He wants us to look up to the sky joyously! He doesn't want to see a Bride that's all crumpled up and remorseful. He wants to see a Bride who's victorious by the Blood of the Lamb, that has covered Her sins and Her faults. And she can look up to the sky with joy and complete confidence that her Lord is coming for her. And forever she shall be with Him.

So, let's do the exact same thing now for ourselves, with our own sins. Let's enter into that place with the Holy Spirit and allow Him to bring to the surface those things that we have great sorrow over. And let them be carried down to the Ocean of His Mercy, never to be seen or thought of again.

My precious, precious Child... You are forgiven.

Meditation on the Passion of Jesus Christ... The Stations of the Cross

With this Meditation-Prayer, we can get very close to The Lord, because we accompany Him on His path of suffering, which He went through for us. The Meditation consists of 5 Stations, which are each divided in 10 Parts. We immerse ourselves mentally into the Passion of Jesus and we suffer with Him, which yields amazing Fruits...

Jesus is sweating and weeping in Gethsemane

1.1

Beloved Lord Jesus Christ, You, who has sweated Blood for us in Gethsemane, where Your Suffering was revealed to you...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

1.2

Beloved Lord Jesus Christ, You, who has sweated Blood for us and took the last Supper with your disciples, You broke the Bread and said... "This is My Body, eat of it" and You handed them the Cup with Wine and You said... "This is My Blood, drink of it and do this also, when I am not among you any more, this is the Sign of the new Covenant"

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

1.3

Beloved Lord Jesus Christ, You, who has sweated Blood for us and after the Supper You went to the Garden of Gethsemane, to pray there. Three Disciples accompanied You and they sat down, a little offside. And You prayed... "Father, if it is possible, let this cup pass by Me, but Your Will shall be done."

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

1.4

Beloved Lord Jesus Christ, You, who has sweated Blood for us and went back to Your Disciples, which had fallen asleep and You said... "Can you not keep vigil with Me for an hour? Rather pray, that you will not be led into temptation!"

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

1.5

Beloved Lord Jesus Christ, You, who has sweated Blood for us and then went back to pray once again... "Father, if it is possible, let this cup pass by Me, but Your Will shall be done, not Mine."

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

1.6

Beloved Lord Jesus Christ, You, who has sweated Blood for us and The Father in Heaven has sent an Angel to You, which comforted You and gave You new Strength...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

1.7

Beloved Lord Jesus Christ, You, who has sweated Blood for us and then went back to Your Disciples strengthened, but they all slept and You woke them up... „How can you sleep, the Betrayer is already on his way with the soldiers.” They started a dispute, how one could possibly betray Jesus, Peter also took part in that and Jesus said to him... “Verily, I say to you, before the cock crows 2 times this night, you will have denied Me 3 times.”

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

1.8

Beloved Lord Jesus Christ, You, who has sweated Blood for us and then came Judas with a crowd of priests and captains of the temple towards You to greet You with a kiss and You said to him... “Judas, do You betray the Son of Man with a kiss?” And to the crowd You said... “You have gone out with your swords like you would against a robber. When I was with you in the temple every day, you have not outstretched your hands against Me. But this is your hour and the power of darkness.”

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

1.9

Beloved Lord Jesus Christ, You, who has sweated Blood for us and the Disciples asked You... „Lord, shall we use the sword?” And one of them struck the servant of the high priest and cut off his right ear. And you said... „Stop this, put your Sword back into the Sheath!” And You touched his ear and healed him.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

1.10

Beloved Lord Jesus Christ, You, who has sweated Blood for us... You said... „Don't you think, I could ask My Father and He would send Me more than 12 Legions of Angels? But how would then the Scriptures be fulfilled, that it has to come to pass this way?” And the old Prophecy came true... They whipped the Shepherd and the Sheep were scattered to the four winds. And Jesus let Himself be captured and all his disciples left Him and ran away.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

After this 1. Station we pray the Prayer, which our Lord Jesus had taught us...

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead

us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever... Amen.

Jesus gets whipped and scourged

2.1

Beloved Lord Jesus Christ, You were whipped for us and You were brought before the high counsel. And they spit upon You and hit You in the face and they wanted to know from You, if you, Christ, would be the Son of the Highly Praised. And You said... "I am He. And you will see the Son of Man sitting at the right Hand of the Power and you will see Him coming in the Clouds of Heaven."

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

2.2

Beloved Lord Jesus Christ, You were whipped for us and delivered up to the troops, which have undressed You and put around You a purple coat and put a stick into Your Hand, mocking You as King of the Jews.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

2.3

Beloved Lord Jesus Christ, You were whipped for us and they took the coat and the stick from You again and they put a bag over Your Head and they whipped You with a stick and they wanted You to prophesy, who it is, that is whipping You.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

2.4

Beloved Lord Jesus Christ, You were whipped for us and they tied You to this pillar to scourge You.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

2.5

Beloved Lord Jesus Christ, You were whipped for us and the roman soldiers wreaked satan's anger on You.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

2.6

Beloved Lord Jesus Christ, You were whipped for us and they scourged the flesh from Your Body.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

2.7

Beloved Lord Jesus Christ, You were whipped for us and You called out to Your Father, anguished by pain and sorrow...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

2.8

Beloved Lord Jesus Christ, You were whipped for us, You, who should have died at that pillar, but You continued to live for us...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

2.9

Beloved Lord Jesus Christ, You were whipped for us and You knew, that You may not die now, but You had to go on, so that the prophecies would be fulfilled...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

2.10

Beloved Lord Jesus Christ, You were whipped for us and drained the last drops of that cup of sorrow for us...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

After this 2. Station we pray the Prayer, which our Lord Jesus had taught us...

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever... Amen.

Jesus bears the Crown of Thorns

3.1

Beloved Lord Jesus Christ, You, who has borne the Crown of Thorns for us and they brought You to the Questioning...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

3.2

Beloved Lord Jesus Christ, You, who has borne the Crown of Thorns for us and they mocked You as King of the Jews.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

3.3

Beloved Lord Jesus Christ, You, who has borne the crown of Thorns for us and they brought You before Pontius Pilate, the governor, and he wanted to know from You, if You were this Jesus Christ and You said... "You say it!" After that, Pontius Pilate demanded a miracle from You as proof, but You didn't say or do anything anymore, to his great astonishment.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

3.4

Beloved Lord Jesus Christ, You, who has borne the Crown of Thorns for us and Pontius Pilate had put You in front of the people, together with a criminal from prison, to let one of you be reprieved and the people wanted You condemned.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

3.5

Beloved Lord Jesus Christ, You, who has borne the Crown of Thorns for us and as the scribes and pharisees saw You, they shouted aloud... "Crucify Him, crucify Him, crucify Him!"

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

3.6

Beloved Lord Jesus Christ, You, who has borne the Crown of Thorns for us and You stood in front of the people, who were full of hatred. Among them were also those, whom You had healed from leprosy and those, which You had blessed with children, but they were poisoned and demanded Your Death.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

3.7

Beloved Lord Jesus Christ, You, who has borne the Crown of Thorns for us and Your Mother Mary was among the people and the prophecy was fulfilled, that her heart also would be pierced by a sword and the thoughts of the people would be revealed to her. Mary saw the enraged crowd and what they had in mind and her heart was pierced with pain.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

3.8

Beloved Lord Jesus Christ, You, who has borne the Crown of Thorns for us and they presented You Herodes' son, but He couldn't find anything against You, that would have been enough to condemn You and therefore Herodes sent You back to Pontius Pilate...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

3.9

Beloved Lord Jesus Christ, You, who has borne the Crown of Thorns for us and Pontius Pilate said to the people... "I cannot find anything against Him, that would be enough to condemn Him." But he was afraid, the people could make an uproar, so he handed You over to the people and said... "You can crucify Him, I wash my hands in innocence."

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

3.10

Beloved Lord Jesus Christ, You, who has borne the Crown of Thorns for us and You were handed over to the people, which would have loved, to rip Your holy Flesh from Your Body, piece by piece, if there hadn't been the roman soldiers, which already had scourged Your holy Flesh from Your Body.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

After this 3. Station we pray the Prayer, which our Lord Jesus had taught us...

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever... Amen.

Jesus carries his Cross

4.1

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and You kissed the Cross, before it was laid upon Your Shoulders, because You did not have your sorrow before Your Eyes, but Your Bride, and how You will bring her to Heaven one day and how she will love You.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

4.2

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and the first time, You fell to the ground for us, because of the heavy burden of sin...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

4.3

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and You took all the pain, the sorrow, the agony, the contempt and mockery on Yourself for us...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

4.4

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and You fell to the ground the second time, badly injured and still You got hit and scourged, so that You would get up again...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

4.5

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and You met Your Mother Mary, who was instructed and gave her quiet consent, but she had suffered with You and begged for Your Redemption.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

4.6

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and You fell to the ground the third time for us and You could not get up again...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

4.7

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and someone offered You a cup of water and a soldier threw the cup away and they offered You instead a cup full of vinegar mixed with gall.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

4.8

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and Simon of Cyrene came back from work and they forced him to carry the heavy cross...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

4.9

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and You passed by a few weeping women and You said to them... "Do not weep for Me, you daughters of Jerusalem, rather weep for yourself and your children! Because there will be days, when one will say... Happy are the barren and the bodies of those, who did not give birth and the breast, which did not feed. They will say to the mountains... Fall upon us! And to the hills... Cover us! For if they do these things to the green wood, what will be done to the dry?"

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

4.10

Beloved Lord Jesus Christ, You, who has borne the heavy Cross for us and went all the way to Calvary for us...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

After this 4. Station we pray the Prayer, which our Lord Jesus had taught us...

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever... Amen.

Crucifixion of Jesus

5.1

Beloved Lord Jesus Christ, You, who was crucified for us and they nailed Your Hands and Feet to the lying cross...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

5.2

Beloved Lord Jesus Christ, You, who was crucified for us and the cross has been erected with You on Calvary...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

5.3

Beloved Lord Jesus Christ, You, who was crucified for us and two criminals were crucified with You, one on the left and the other on right side and one spoke to You... "If you are the Son of God, help yourself and help us also!" And the other criminal said to the first one... "Not even in the hour of your death do you have fear of your God!" And You said to this one... "Verily I say to you, you will be with Me in paradise."

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

5.4

Beloved Lord Jesus Christ, You, who was crucified for us and the soldiers below the cross dissipated Your clothes and casted lots and the people passed by Your cross and spit upon the ground in front of it...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

5.5

Beloved Lord Jesus Christ, You, who was crucified for us and You called out... "Father, where are you?" and they shoved a cloth into Your Mouth, which was soaked with vinegar...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

5.6

Beloved Lord Jesus Christ, You, who was crucified for us and the sun darkened for three hours and the people were afraid and went home...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

5.7

Beloved Lord Jesus Christ, You, who was crucified for us and You called out... "Father! It is finished! Take My Spirit to You!" And You exhaled.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

5.8

Beloved Lord Jesus Christ, You, who was crucified for us and the earth trembled and You took the red curtain in the temple and rended it asunder, so that the Holy of Holies may be revealed, not only to the high priests, but to all, so that all could come to God...

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

5.9

Beloved Lord Jesus Christ, You, who was crucified for us and Joseph from Arimathea went to Pontius Pilate to ask for Your dead body. He was astound, that You are already dead and he sent a soldier to check it out. He stabbed with a spear into your body. When only water was flowing out of the wound, but no drop of blood anymore, the soldier fell to his knees and wept, because at that moment he knew, that You were The Son of God.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

5.10

Beloved Lord Jesus Christ, You, who was crucified for us and You were taken down from the cross and Your completely distorted Body was laid into Your Mother's bosom. They anointed You and wrapped You in white linen sheets and they laid Your dead Body into an empty tomb and rolled a heavy stone in front of it.

We love and worship You, oh Lord, because through Your holy Blood you have redeemed the World and you have overcome it for us. We thank You for that, oh Lord.

After this 5. Station we pray the Prayer, which our Lord Jesus had taught us...

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever... Amen.

The Divine Mercy Prayer given to Sister Faustina by our Lord Jesus Christ

Our Father Who art in Heaven, hallowed by Thy Name
Thy Kingdom come, Thy will be done on Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our debts as we forgive our debtors.
And lead us not into temptation, but deliver us from evil. Amen.

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, it is now and ever shall be, world without end, amen.

1.

Eternal Father, I offer You the body and blood, soul and divinity, of Your dearly beloved Son, our Lord Jesus Christ in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.2.

2.

Eternal Father, I offer You the body and blood, soul and divinity, of Your dearly beloved Son, our Lord Jesus Christ in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

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For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

3.

Eternal Father, I offer You the body and blood, soul and divinity, of Your dearly beloved Son, our Lord Jesus Christ in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

To the ends of the Earth...

4.

Eternal Father, I offer You the body and blood, soul and divinity, of Your dearly beloved Son, our Lord Jesus Christ in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.

Oh Father forgive us, let mercy arise.

5.

Eternal Father, I offer You the body and blood, soul and divinity, of Your dearly beloved Son, our Lord Jesus Christ in atonement for our sins and those of the whole world. For the sake of His sorrowful passion, have mercy on us and on the whole world.

For the sake of His sorrowful passion, have mercy on us and on the whole world.
For the sake of His sorrowful passion, have mercy on us and on the whole world.
For the sake of His sorrowful passion, have mercy on us and on the whole world.
For the sake of His sorrowful passion, have mercy on us and on the whole world.
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For the sake of His sorrowful passion, have mercy on us and on the whole world.
For the sake of His sorrowful passion, have mercy on us and on the whole world.
For the sake of His sorrowful passion, have mercy on us and on the whole world.

Mercy, mercy, mercy. Holy God, Holy Mighty One, Holy Immortal One
have mercy on us and on the whole world.
Holy God, Holy Mighty One, Holy Immortal One
have mercy on us and on the whole world.
Holy God, Holy Mighty One, Holy Immortal One
have mercy on us and on the whole world.

Psalm 51... As Prayer for the World – Psalm of Repentance & Healing Prayer

Lord, I pray this psalm for myself, for my family and relatives and for the whole world. Please Lord, hear my cry for us, the people of this earth...

1 Have mercy on me/us, O God, according to Your kindness; according to Your great compassion, blot out my/our transgressions.

2 Wash me/us completely from my/our guilt and cleanse me/us from my/our sin.

3 For I/we know our transgressions, and my/our sin is always before me/us.

4 Against You, You alone, have I/we sinned and done what is evil in Your eyes; that You might be proven right in Your words. Be clear when you judge.

5 See, I/we was/were brought forth in wickedness, and in sin our mother conceived me/us.

6 See, You have desired truth in the inward parts; and in the hidden part You make me/us know wisdom.

7 Cleanse me/us with hyssop, and I/we will be clean; wash me/us, and I/we will be whiter than snow.

8 Let me/us hear joy and gladness; let the bones You have crushed rejoice.

9 Hide Your face from my/our sins and blot out all my/our wickedness.

10 Create in me/us a pure heart, O God, and renew a steadfast spirit within me/us.

11 Do not cast me/us from Your presence and do not take Your Holy Spirit from me/us.

12 Restore to me/us the joy of Your deliverance and uphold me/us, Noble Spirit.

13 Let me/us teach transgressors Your ways, so that sinners turn back to You.

14 Deliver me/us from the blood-guilt, O God, God of my/our deliverance, let my/our tongue sing aloud of Your righteousness.

15 O God, open my/our lips, and that my/our mouth declare Your praise.

16 For You do not desire slaughtering, or I/we would give it. You do not delight in burnt offering.

17 The slaughterings of God are a broken spirit; a heart broken and crushed, o God, these you do not despise...

18 Do good in Your good pleasure to Zion. Build the walls of Jerusalem.

19 Then You would delight in slaughterings of righteousness... Amen

The Healing Prayer of the first Apostles – The Prayer of the Heart...
A universal medicine for every evil (Dec. 30, 1841 – Heavenly Gifts 2)

Jesus may help you! Jesus may heal you! Jesus may protect you! – Jesus, You eternal helper of all the afflicted, Jesus, You are the only physician for all diseases, Jesus, You are the eternal King of all power and might, Jesus, You are the eternal love and mercy, help this or that sick person, who suffers! – Your holy Will be done! Amen.

Our loving Father who lives in Heaven, Your name be sanctified always and forever.

Your Kingdom of Life, Light and Truth come to us and stay with us.

Your sole holy and righteous Will be done on this Earth among us people also, as it is done in Your Heavens among Your perfected angels.

But on this Earth, give us our daily bread. Forgive us our sins and weaknesses, as we will always forgive those who sinned against us.

Let no temptations come over us that we cannot resist, and free us in this way from all evil in which man can fall as a result of too strong enticements of this world and its evil spirit. For to You, o Father in Heaven, belongs all might, all power, all strength and all glory which fills all Heavens from eternity to eternity! Amen

(This prayer of the heart has the capacity to be at work even over a distance, by stretching out the hands towards that place with a blessing, where the sick person is located.)

The Lord's Peace be with you!

Psalm 91 ... Written down in a personal Form (I-Form)

I dwell in the shelter of the Most High and I will rest in the shadow of the Almighty. I will say to the Lord... 'You are my refuge and my fortress. My God, in Whom I trust. Surely You will save me from the fowler's snare and from the deadly pestilence. You will cover me with Your feathers, and under Your wings I will find refuge.

Your faithfulness will be my shield and rampart. I will not fear the terror of night, nor the arrow that flies by day. Nor the pestilence that stalks in the darkness. Nor the plague that destroys at mid-day. "A thousand may fall at my side, ten thousand at my right hand, but it will not come near me. I will only observe with my eyes and see the punishment of the wicked.

If I say, 'Lord, You are my Refuge and I make You, the Most High, my dwelling – no harm will overtake me. No disaster will come near my tent.' For You will command Your angels concerning me, to guard me in all my ways. They will lift me up in their hands, so that I will not strike my foot against a stone. I will tread on the lion and the cobra. I will trample the great lion and the serpent.'

And the Lord says... "Because You love Me, I will rescue you. I will protect you, for you acknowledge My Name. You will call upon Me and I will answer you. I will be with you in trouble. I will deliver you and honor you. And with a long life I will satisfy you and show you My Salvation."

Psalm 91 ... Written down in a personal Form
(WE-Form as Prayer for all Inhabitants of Earth)

We dwell in the shelter of the Most High and will rest in the shadow of the Almighty. We will say to the Lord... 'You are our refuge and our fortress. Our God, in Whom we trust. Surely You will save us from the fowler's snare and from the deadly pestilence. You will cover us with Your feathers, and under Your wings we will find refuge.

Your faithfulness will be our shield and rampart. We will not fear the terror of night, nor the arrow that flies by day. Nor the pestilence that stalks in the darkness. Nor the plague that destroys at mid-day. "A thousand may fall at our side, ten thousand at our right hand, but it will not come near us. We will only observe with our eyes and see the punishment of the wicked.

If we say, 'Lord, You are our Refuge and we make You, the Most High, our dwelling – no harm will overtake us. No disaster will come near our tent.' For You will command Your angels concerning us, to guard us in all our ways. They will lift us up in their hands, so that we will not strike our foot against a stone. We will tread on the lion and the cobra. We will trample the great lion and the serpent.'

And the Lord says... "Because You love Me, I will rescue you. I will protect you, for you acknowledge My Name. You will call upon Me and I will answer you. I will be with you in trouble. I will deliver you and honor you. And with a long life I will satisfy you and show you My Salvation."

I want you to say the Binding Prayer 2 or 3 times a Day!

September 27, 2016 – Words from Jesus thru Sister Clare

Jesus began... "I want the Binding-Prayer to be said twice or even three times a day, as demons come in shifts. Once a day is not enough. I know it is long and can be tedious, but the suffering you will head off more than makes up the difference in the time you expend.

"Not everyone is going to obtain the same results from this prayer. My Children, it depends very much on your holy conduct and commitment to Me. Are you half Mine and half the world's? Or have you forsaken the world to be entirely mine? Forsaking the world does not mean being walled up in a hermit's cabin. It means making Me first and foremost in your life – in time, commitment, action and resources. If you are putting Me first, this prayer will indeed be powerful to overcome your enemies.

“But remember, I must allow a certain amount of suffering. Please do not grow weary. Come to Me when you are depleted and ask Me to rejuvenate you. Expect to feel better once I do. Expect to be enabled to do what I’ve asked you to do. Expect everything from Me and I will give everything.

“There will be times when others will need to pray this over you; that, too, is highly effective. I doubly honor the prayers and petitions for others. Not only do I honor those prayers, I move on the hearts of others to pray for you. My heart listens intently for the unselfish prayers of My children. They are written in Heaven as a testimony to your charity.

“I am with you, My People. And the more you serve, the more I protect. There is never a moment of the day when you cannot triumph over your enemies. Your prayers for them move My heart to pity and compassion. Not only will I answer them, but I will protect and bless you all the more for praying for them from your heart.

“These poor, misguided ones desperately need your prayers; they are immersed in utter darkness and deceived beyond anything you can imagine. How I wish they would take to heart the Near Death Experiences. I have specifically called those into being, because so many have no idea of what waits for them according to the fruits of their lives.

“Know that I have triumphed over death and the grave and all the power of the enemy. And you, too, have been given this anointing to set the captives free, and deliver others from evil.

“Go now, fully armed and do valiantly! I am with you and nothing shall overcome you if you totally rely on My power.”

How do I pray properly? The perfect Prayer & Worshiping God in Spirit & Truth

THE THIRD TESTAMENT Chapter 17 – Revelations of Jesus Christ

The Evolution of Worship Services

Thus saith the Lord...

1. How slowly mankind walks toward perfection in their worship of God.
2. Every time I come to you with a new lesson, it seems to you too advanced for your evolution; understand that I give you an entire Era to come to understand it and to integrate it into your lives. (99, 30 – 31)
3. “The victims that you offered upon the altar of Jehovah were received by Him, but it was not the most adequate form to elevate your spirit to the Father; it was then when I came to you as Jesus to teach you the Divine commandment which says to you: ‘Love one another’”.
4. “I say to you today that the lessons I taught you during the Second Era through the deeds of Jesus have been altered at times and misinterpreted on others; for that purpose I have come as I announced, to clarify My truth. My sacrifice in that period prevented the sacrifice of many victims and I taught you a more perfect worship.”
5. My new manifestation of this period will allow mankind to understand that the symbolic forms should not be adopted without first analyzing their significance, since they are only a representation of My lessons. (74, 28)
6. Prayer is the spiritual medium that I have inspired in man so that He may communicate with My Divinity, that is why it manifests in you as a yearning, a necessity of the spirit, as a refuge in times of trial.

7. Who does not know true prayer, does not understand the joys contained in it, and does not know the source of health and goodness to be found in it. They feel the impulse to speak to Me and present their petitions, but lacking spirituality, they feel that the offering of sending up only their thoughts is so meager that they instantly look for something material to offer Me, thinking that with that they will flatter Me more.

8. It is in this fashion that humanity has fallen into idolatry, fanaticism, rites, and external worship, drowning their spirits and depriving themselves of the blessed liberty of praying directly to their Father. Only when the pain is very intense, when the pain is at the limits of their human strength does the spirit, forgetting ceremony and knocking over idols, free himself and arise to cry from deep within: "My Father, My God!"

9. Do you see people occupied making war on one another in this materialistic time? Yet, I tell you, even in the middle of these wars, many men have found the secret of prayer: that which is born of the heart and comes to Me as an urgent call, a protest, as a plea.

10. When they see the requested miracle happen, they know that no other way exists for speaking to God than with the language of the spirit. (261, 22 – 24 and 27)

Prayers by rote, Empty of Devotion and Faith

11. O! My children of all faiths, do not destroy the most noble sentiments of the spirit or try to satisfy it with external practices and worships!

12. Behold: If a mother does not have something material to offer her beloved and small child, she holds him against her heart, blesses him with all her love, smothers him with kisses, gazes at him tenderly, covers him with tears, but never does she try to deceive him with empty acts of love.

13. How can you conceive that I, the Divine Master, approve of you satisfying yourselves with practices lacking all essence, truth and love, with which you try to deceive your spirit, making it believe that it has been nourished, when in reality each time it is more ignorant of the truth? (21, 20 – 21)

14. Prayer is a blessing which God has granted to man so that it will serve him as a ladder to elevate himself, as a weapon to defend himself, as a book to educate himself, and as a healing balsam with which to anoint himself and to heal all illness.

15. True prayer has disappeared from the earth. Men no longer pray, and when they try to do it, instead of speaking to Me with the spirit, they do it with their lips, employing useless words, rituals, and material idols. How are men going to observe miracles if they use forms and observe practices which Jesus did not teach?

16. It is necessary that true prayer return to men, and it is I who have come again to teach it to you. (39, 12 – 14)

17. Teach your brothers how to pray, make them comprehend that it is their spirits which must communicate with their Creator, that their prayers are almost always [mere] cries of the material form: an expression of their anguish, proof of their lack of faith, and of their mistrust or lack of obedience to Me.

18. Make your brothers understand that they do not need to mortify or lacerate their bodies to move My Spirit and awaken My pity or charity. Those who seek suffering or bodily penitence do so because they do not have the slightest idea of which offerings are most pleasing to Me, nor do they have any idea of the love and mercy of your Father.

19. Do you think it is necessary for Me to see the tears in your eyes or the pain in your hearts for Me to have pity on you? To believe so would be to attribute to Me hardness, insensitivity, indifference, and selfishness. Can you imagine these defects in the God you love?

20. How little care you have taken to know Me! And it is because you have not educated your minds to think in accord with the spirit. (278, 17 – 20)

21. Leave the earth for a few moments today, and come to Me in spirit.

22. For many centuries humanity has been mistaken in its manner of praying, and has therefore not strengthened or illuminated the path of their lives with My love, for they have prayed with the senses, and not with the spirit.

23. Idolatry, to which man is so inclined, has been like a poison that has not allowed them to taste the spiritual delights of inner prayer.

24. How much misery men have dragged behind them simply from not knowing how to pray. And, yet, My disciples, it is natural: What spiritual strength can a human being have to resist the trials of life if they do nothing to come closer to the source of life that exists in My Spirit? They seek Me in the abyss, and in shadows, even while they could elevate themselves to find Me on the heights, in the light.

25. Oh, if the men of this time understood the power of prayer; how many superhuman works they would perform! But they live in a time of materialism in which they try to put even the Divine in material form in order to be able to see and touch it. (282, 61 – 64)

True Prayer

26. I bless those who pray, and the more spiritual the prayer, the greater the peace I make them feel.

27. This you can understand easily; for He who needs to prostrate himself before images or objects to feel the Divine presence cannot feel the spiritual sensation of the Father's presence in his heart.

28. "Blessed are they that have not seen, yet believe," I said in that time, and again today; for He who closes his eyes to that which is of this world opens them to the spiritual. And He who has faith in My spiritual presence shall feel and rejoice in it.

29. For how long will this humanity deprive its spirit of the joy of feeling Me in their hearts through direct prayer, or, what is the same, by means of spirit to Spirit prayer? Until My light illuminates the lives of men, and they learn the truth and understand their errors.

30. This is the time for prayer and meditation, but prayer free of fanaticism and idolatry, and of meditation that is serene and deeply immersed in My Divine Word.

31. Every hour and every place can be appropriate for prayer and meditation. Never in My teachings did I tell you that there were places or times destined for prayer. Your spirit being greater than the world it inhabits, why confine Me to such limited images and sites when I am infinite?

32. The greatest reason for the earthly troubles and spiritual poverty of men is their imperfect form of prayer; it is for this reason that I tell you that this knowledge must reach all humanity. (279, 2 – 7)

33. You do not always pray with the same preparation, and therefore, you do not always experience the same peace or the same inspiration.

34. There are times in which you succeed in becoming inspired and elevating your thoughts, and there are others in which you are completely indifferent. How could you always expect to receive My messages in the same form? You should educate your minds and even your bodies to cooperate with your spirit in moments of prayer.

35. The spirit is always willing to communicate with Me, but it requires the good will of the material body in order to elevate itself in those moments and to free itself of everything which surrounds it in its earthly life.

36. Make an effort to achieve true prayer because whoever knows how to pray, carries in himself the key to peace, to health, to hope, to spiritual strength, and to eternal life.

37. The invisible shield of My law protects him against all temptation and dangers. He will bear an invisible sword on his lips to defeat as many enemies as might block his path. A ray of light will light his way amidst the storms, a constant miracle will be at his reach whenever He needs it, whether for himself or for the good of his brothers.

38. Pray. Practice that sublime gift of the spirit, for that strength shall be the one to move the life of men of the future, those who will be able to communicate with Me from spirit to Spirit.

39. Parents will become inspired through prayer in order to guide their children.

40. The ill will gain health through prayer. Heads of states will resolve their great problems seeking light with prayer, and the man of science also will receive revelations through the gift of prayer. (40, 40 – 47)

41. Disciples, in the Second Era, My Apostles asked Me how they should pray, and I taught them the perfect prayer, which you call the Lord's Prayer.

42. Now I tell you: Be inspired by that prayer, by its meaning, its humility, and its faith, so that your spirit communicates with Mine, for it will not be your material lips that pronounce those holy words, but your spirit that speaks to Me in its own language. (136, 64)

43. Do not let it be only your lips that call Me "Father," for many of you tend to do this by rote. I wish that when you say "Our Father who art in Heaven, hallowed be thy name," those words come from the purest part of your being, meditating on each one of the phrases so that you are afterward inspired and in perfect communion with Me.

44. I taught you the powerful, masterly Word; that which truly brings the child closer to his Father. Upon pronouncing, with respect and sincerity, with elevation and love, with faith and hope the word "Father," distances disappear, and spaces are shortened, for in that instant of spirit to Spirit communication, nor is God far from you, nor are you far from Him. Pray thus, and in your hearts you will receive great benefits of love. (166, 52 – 53)

The Four Aspects of True Prayer

45. Struggle, struggle to reach spiritual perfection. I have shown you the road to reach that goal. I have given you prayer, a weapon more powerful than any material one, so that you can defend yourselves from the trials on the road, but you will have the best weapon when you obey My Law.

46. What does prayer consist of? Prayer is petition, intercession, adoration and contemplation. Each of the parts are necessary and one springs from the other, for truly I tell you, that petitioning means that man pleads with Me to concede to him what He wishes, to satisfy the yearnings that He believes to be the most important

and healthiest of his life; truly I tell you, My children, that the Father hears the petitions and gives to each one that which He most needs, as long as it is for his own good. But be careful about asking for that which is in opposition to the salvation of your spirit, for those who ask only for material gifts, material pleasures, or earthly power, are asking for chains for their spirit.

47. Material pleasures bring only suffering, not only in this world, but even after the transition to the spiritual world, for the influence of those material desires can reach even to that place, and on being unable to free oneself from them, one is tormented by those yearnings, and wishes a thousand and one times to return to the earth to be reincarnated and continue living materially. Therefore, My children, ask only for that which you really need for the good of your spirit.

48. The second form of prayer, intercession, springs from love of one's neighbor, from the love that I showed you as Master when I came to this world. Pray for your brothers, both near and far, for those in nations suffering the consequences of war, and those suffering the tyranny of temporary governments in this world.

49. Prepare yourselves, oh My children! Pray for your brothers and sisters, but also during the intercession, you must know how to ask, for it is the spirit that is important. If your brother or sister, your parents, or your children are ill, pray for them, but do not insist that they stay in this life if that is not what the spirit needs. Better to ask that their spirit be free, that it be purified of its sufferings, and that the pain promote spiritual elevation. That is why the Master taught you in the Second Era to say: "Father, your will be done." For the Father knows better than any of his children, what the spirit needs.

50. The third form of prayer, adoration of the Divine Spirit, means the adoration of all that is perfect, for by means of that prayer you may unite with that perfection, with the love that embraces all the Universe. In adoration you may find the perfect state that each of you must achieve, and through adoration, arrive at the contemplation that, united to prayer, will bring you to unity with the Divine Spirit, to the source of eternal life, to the source that day after day gives you the strength to come to the Kingdom of the Father.

51. In this way you should pray, beginning with petition, until arriving at contemplation. This is what gives you strength.

52. When you are well prepared, you will struggle not only for yourselves, but also for your brothers to move along on this road. For you cannot achieve salvation for yourselves alone, but rather must struggle to achieve the salvation of humanity. (358, 10 – 17)

Intimate and Spontaneous Prayer without Words

53. My people, you now hear the voice of the Holy Spirit, the spiritual manifestation of God through your understanding, not to reveal a new law nor a new doctrine, but a form that is more advanced, spiritual and perfect, to worship and communicate with God. (293, 66)

54. How many are there who hear My word, who have become great analyzers, and who nonetheless, are not the best of My disciples in practicing My Doctrine, and who do not fulfill the Divine precept which tells you: "Love one another."

55. In contrast, see how easily He who puts into practice even an atom of My teachings is transformed. Do you want an example?

56. One who during his entire life had been telling Me He loved Me through recited prayers formed by others, in sentences that He did not even understand because they were made up of words He did not know, one day suddenly understood the true way to pray, and putting aside his old habits, and concentrating in the depths of his being, raised his thoughts to God, and for the first time felt his presence.

57. He did not know what to say to his Lord, and from his chest came forth sobs and from his eyes tears fell. In his mind, there was only a single thought, which was: "My Father, what can I say to you, since I do not know how to speak to you?"

58. But those tears, those sobs, that inner joy, and even his turmoil, spoke to the Father in a language so beautiful, that its like cannot ever be found in any of your human languages, nor in any of your books.

59. Those stuttered words of that man who began to pray to his Lord spiritually, were like the first words of a child, charming and delightful to its parents, for they are hearing the first expressions of a being beginning to arise into life. (281, 22 – 24)

60. The elevated spirit knows that the human word impoverishes and diminishes the expression of the spiritual thought; for that reason, it silences the lips of the flesh in order to elevate and express itself with a language which only God understands, the secret which it has concealed within its innermost being. (11, 69)

61. How much pleasure you give to My Spirit when I see that you elevate your thoughts in search of your Father. I allow you to feel My presence, and I fill you with peace.

62. "Seek Me, speak to Me, and do not let it bother you that your thoughts are slow to express your petitions. I will know how to understand them. Speak to Me with the confidence with which one speaks to a Father. Tell Me about your concerns as you would tell them to your best friend. Ask Me what you do not know or comprehend, and I will speak to you as a teacher; but pray, so that at that blessed instant in which your spirit elevates itself to Me, you might receive the light, the strength, the blessing, and the peace which your Father grants you". (36, 15)

63. Tell Me in silence your sorrows, confide to Me your yearnings. Though I know all, I wish you to learn to form your own prayer until you come to practice the perfect communication of your spirit with the Father. (110, 31)

64. Prayer can be long or brief according to the need. You may, if you so desire, spend long hours within that spiritual ecstasy if your physical body does not become tired, or if some other duty does not require your attention. And prayer may be as brief as a single second if you find yourselves subjected to some trial which has suddenly surprised you.

65. What reaches Me are not the words with which your mind attempts to form your prayers, but the love, the faith, or the need with which you present yourselves before Me. That is why I tell you that there will be times when your prayer will be no more than a second, for there will be no time to formulate thoughts, phrases, and ideas as you are accustomed to doing.

66. Wherever you are, you can summon Me, for the place is of no importance to Me since what I seek is the spirit. (40, 36 – 38)

67. In the Second Era, when a woman asked Jesus if the place where one ought to worship God was in Jerusalem, the Master answered her: "The hour comes, when neither in Jerusalem nor any other place will be the proper place to worship God, for He shall be worshipped in spirit and truth, that is from spirit to Spirit.

68. When My disciples asked Me to teach them to pray, I gave them as a norm the prayer you call the Lord's Prayer, giving them to understand that the true and perfect prayer is that similar to that of Jesus, one which is born spontaneously of the heart and ascends to the Father. It must contain obedience, humility, confession, gratitude, faith, hope, and adoration. (162, 23 – 24)

Daily Prayer

69. Beloved disciples: Practice spiritual prayer daily, putting into it all your intention of coming to perfection.

70. See that in addition to entering into intimate communion with your Master and experiencing an infinite peace in those moments, it also represents the best opportunity for you to receive My Divine inspirations; in them you will find the explanation for all that you have not understood, or that you have misunderstood. You will find the way to avoid some danger, to resolve a problem, or to resolve some confusion. In that hour of blessed spiritual communication all your senses will clear and you will feel more disposed and inclined to do good. (308, 1)

71. Do not forsake the practice of prayer even when it is as brief as only five minutes, but in it know how to make a good examination with the light of your conscience, in order to observe your deeds and know what you have to correct.

72. If you lose the sense of time while elevating yourself in prayer, that will be an indication of spirituality, since you, even for a few moments, managed to go beyond time, that time which the slaves of materialism only use for their enjoyments or to increase their wealth.

73. He who examines himself daily has to improve his manner of thinking, living, speaking and feeling. (12, 30 – 32)

74. I have taught you that through the prayer wisdom will be acquired, but that is no reason that I want for you to prolong your prayers. I have asked you for a prayer of five minutes and by that I mean to say for you to pray briefly so that during those moments you will truly surrender yourselves to your Father and the rest of your time you can dedicate it to your spiritual and material duties toward your brethren. (78, 52)

75. I will teach you a manner of preparing yourselves so that your actions of each day are all inspired by noble sentiments, and so that the vicissitudes and difficulties do not stop you or force you back. When you open your eyes to a new day, pray, come to Me in your thoughts; form your plan inspired in My light, and rise up to struggle, determined to be strong and not lacking either obedience or faith for an instant.

76. Truly I tell you, before much time has passed you will marvel at your strength and at the results of your works. (262, 7 – 8)

The Day of Rest as a Period of Reflection

77. From the First Era I taught you to consecrate the seventh day to Me. If during six days man dedicates himself to fulfilling his human duties, it was just, that one day at least, be dedicated to the service of the Lord. I did not ask that He consecrate the first day, but the last, so that He might rest from his labors and devote himself to meditation, giving to his spirit the opportunity to approach the Father to converse with Him through prayer.

78. The day of rest was instituted so that man, forgetting at least for a moment the difficult earthly struggle, would allow his conscience to talk to him, to remind him of the Law, to examine himself, and to repent of his faults and form within his heart the noble purpose of repentance.

79. Saturday is the day that was previously dedicated to rest, prayer, and the study of the Law, but the people, in complying with the tradition, forgot the sentiments for humanity and the spiritual duties that they had toward their fellows.

80. Time passed, humanity evolved spiritually, and Christ came to teach you that even in the day of rest you should practice charity and good works of all kinds.

81. Jesus wished to say to you that one day was dedicated to meditation and physical rest, but you must understand, that for the undertaking of the mission of the spirit, there can be no day or time designated.

82. In spite of the Master having spoken quite clearly, men distanced themselves, each one seeking the day that was the most propitious to them, and so, while some continued retaining Saturday as the day of rest, others adopted Sunday to celebrate their worships.

83. Today I come to speak to you once again, and My teachings shall bring you new knowledge; you have lived many experiences, and have evolved. Today it is not important which day you dedicate to rest from earthly fatigues, but it is important that you know that every day you must walk on the path that I have laid out for you. Understand that there is no fixed time for you to send your prayers upward, for it is proper for you to pray and practice My Doctrine in favor of your brothers at all times. (166, 31 – 35)

Ask, and it shall be Given

84. All of you bear a wound in your hearts. Who better than I to penetrate to your interior? I know your bitterness, your sadness and discouragement before such injustice and ingratitude as exist in your world; I know the fatigue of those who have lived and struggled on the earth, and whose existence is for them a heavy burden; I know the emptiness of those who remain alone in this life. I say to you all: "Ask and it shall be given," for this have I come, to give you what you need of Me, whether that be company, tranquility, balm, missions, or light. (262, 72)

85. Do not be afraid of misery. Misery is temporary and in it you should pray, imitating the patience of Job. Abundance will return and you will not find the words with which to thank Me.

86. "When sickness overwhelms you, O, blessed sick people, do not despair! Your spirit is not ailing; elevate yourselves to Me in prayer and your faith and spirituality will return the health of your body. Pray in the manner that I have taught you: spiritually". (81, 43 – 44)

87. During your moments of an ordeal, pray with a brief but pure and sincere prayer. Then you will feel comforted. And when you succeed in being in harmony with your Lord, I will be able to tell you that My will is yours, and your will is mine. (35, 7)

88. Pray, but let your prayer be formed by your intentions and actions of the day, that will be your best prayer; but if you wish to direct a thought to Me, containing a petition, say then to Me: "Father, your will shall be done in me." You will be asking even more thereby than you could hope or understand, and in that simple phrase, that thought, you simplify the "Lord's Prayer" that you asked Me for in another time.

89. There you have the prayer that asks all and that speaks best for you. But do not say it with your lips, but rather feel it with your heart, for saying is not feeling, and if you feel it, you do not need to say it. I know how to hear the voice of the spirit and understand its language: What greater joy can there be for you than to know that? Did you think that I needed you to tell Me what to do? (247, 52 – 54)

90. I have taught you to pray, and to ask things for others. However, I also listen to you when you ask things for yourself. I do receive that prayer. Yet I tell you that the time when I gave to you according to your petition, because you were small, has passed; now, I wish you to act like disciples, presenting to Me your spirit and your heart when you pray, but leaving it to Me to read them and do My will. (296, 69)

91. When you question or ask something of Me, do exert yourselves to try to explain your problem clearly, nor bother to polish carefully constructed phrases. It is sufficient to Me that your spirit frees himself from the world for an instant and leaves your heart and understanding cleansed, so that they may receive My inspiration. What will it serve you to offer Me lovely words if you are incapable of feeling My presence within you? I know all, and it is not necessary for you to explain anything to Me for Me to understand it. (286, 9 – 10)

92. If you know how to understand My Doctrine, it offers you many satisfactions, many opportunities to ascend. Learn to pray before making any decision, for prayer is the perfect form for asking your Father, since in it you will be demanding light and strength to continue forward in the struggle.

93. Upon praying, soon an illumination will come to your understanding that will permit you to clearly distinguish good from evil, the correct from what you should not do, and that shall be a concrete proof that you knew to prepare yourselves to hear the voice of your conscience.

94. Suffer hardships with patience, and if you do not manage to understand the significance of your trials, pray, and I shall reveal their meaning, so that you may accept them. (333, 61 – 62 and 75)

95. Every time that your lips or thoughts say to Me: “Lord, do not deny Me your forgiveness,” you are demonstrating your ignorance and confusion, as well as how little you know Me.

96. Do you tell Me to have pity for your pain? Do you ask Me to have mercy on My children? Do you beg Me to forgive your sins; I who am love, clemency, charity, forgiveness, and pity?

97. It is fine that you try to move those who on the earth have hardened hearts, and that you try to move to pity with tears and pleas those who have not an atom of charity toward their fellows, but do not use these forms or thoughts with He who created you from love in order to love you eternally. (336, 41 – 43)

98. Be content with the great charity that the Father has entrusted to you for all things related to human life on the face of the earth, and do not ask for that which might cause the ruin of your spirit or substance. I have more to give you than you do to ask of Me, but it is I who know what you really need on the road. I said to you: that if you know how to follow My Law, you shall behold Me in all My splendor. (337, 21)

The Blessing of Intercession

99. “Do not become accustomed to praying only with words, pray with the spirit. I also say to you: bless with the prayer, convey thoughts of light to your brethren; do not ask anything for yourselves, remember that He who serves Me, will always have Me watching over him”.

100. The seed that you sow with love, you will receive multiplied. (21, 3 – 4)

101. Do not pray only when you find yourselves going through some painful ordeal. Also pray when you are at peace, for it will be then that your hearts and thoughts can become occupied with others. Do not pray only for those who have helped you, or those who have not caused you any harm, for even though that is virtuous, it is not as worthy as assisting those who have previously harmed you. (35, 8)

102. What is it that I teach you now? To bless everyone and everything with [your] entire heart and spirit, because who blesses in this way is similar to the Father, in making their warmth come to all. Therefore I say to you: Learn to bless with your spirit, with your thoughts, and your heart, and your peace, strength and warmth will reach whomever you send it to, no matter how far away they are.

103. What would happen if all men blessed one another, even without having met? Perfect peace would reign on earth, war would be inconceivable.

104. For that miracle to occur, it is necessary that you elevate your spirit by means of perseverance in virtue. Do you judge this to be impossible? (142, 31)

105. Ask, and it shall be given. All that you wish in charity for your brothers, ask Me for it. Pray, unite your plea to that of the needy, and I shall concede what you ask (137, 54)

The Necessity of Prayer

106. Be watchful and pray, I repeat frequently, but I do not want you to familiarize yourself with this pleasant advice, but study it and put it into practice.

107. I tell you to pray, for He who does not pray, will surrender to thoughts which are superfluous, material and sometimes unsound with which, unknowingly, He encourages and fosters destructive wars; but when you pray, your thought like a radiant sword, destroys the veils of darkness and the bonds of temptation which today are imprisoning many beings, saturating the environment with spirituality, and counteracting the forces of evil. (9, 25 – 26)

108. Humanity has always been too busy with the great things of the earth to consider the importance that prayer and meditation have for that which is beyond this life, in order to discover its own essence. He who prays converses with the Father, and if He asks questions, receives instant replies. The ignorance of men about spirituality proceeds from their lack of prayer. (106, 33)

109. You are approaching a time of true prayer, of worship without fanaticism, in which you will know [how] to pray before each undertaking, in which you will know [how] to watch over what has been entrusted to you, when you will know how to give fairly to your spirit that which pertains to him, and to the world that which corresponds to it.

110. How can men go wrong, if instead of doing his own will, He first ask the Father through prayer? Who knows how to pray lives in contact with God, knows the value of the benefits that He receives from the Father, and also understands the meaning and purpose of the trials that He passes through. (174, 2 – 3)

The Beneficial Effects of Practicing Prayer

111. Throughout the Eras I have said to you: Pray. Today I say that by means of the prayer you can obtain knowledge. If all men prayed, they would never deviate from the path of light outlined by Me. Through the prayer, they would heal the sick, there would not be anymore nonbelievers and peace would again return to the spirits.

112. How can man be happy when He has rejected My grace? By chance, does He think that love, charity and meekness are not attributes of the human heart? (69, 7 – 8)

113. Know that the word that bears no love has neither life nor power. You ask Me how you can begin to love, and what you must do so that this sentiment awakens in your heart, and I tell you: To start, know how to pray. Prayer will bring you to the Master, and I am that Master.

114. In prayer you will find consolation, inspiration, and strength, it will give you the sweet satisfaction of being able to speak intimately with God, without witnesses or mediators; God and your spirit, meeting in that sweet moment of confidences, spiritual communication, and blessings. (166, 43 – 44)

115. Whenever you need a confidant, and a good friend, seek Me out and deposit in Me the sorrows of your heart, and I will show you the best pathway, the solution you seek.

116. If your spirit is oppressed by sorrows, it is because you have sinned; I will receive you, and will be benevolent in My judgment. I will strengthen your intention to reform, and return to you your lost strength.

117. Only the practicing of My teachings can keep you in grace and spiritual and physical health. The experience you gather will be light that you accumulate in your spirit. (262, 20 – 21)

118. The spirit which knows how to be watchful will never depart from the route traced for him by his Lord, and He is able to employ his heritage and his gifts until He achieves his elevation.

119. That being shall progress in his trials, for He lives alert and never allows himself to be dominated by the material. He who prays and keeps vigil shall always emerge triumphant from the difficult times and will know how to walk with firm steps on the path of life.

120. Oh, how different is the conduct of He who forgets to pray and keep watch! Voluntarily He renounces defending himself with the best arms I have placed in man, which are faith, love, and the light of wisdom. It is He who does not hear the inner voice that speaks to him through his intuition, his conscience, and his dreams; but the heart and mind do not understand that language, and do not give credence to the message that comes from his own spirit. (278, 2 – 3)

121. Prayer is the means revealed to your spirit to come to Me with your questions, your uncertainties, and your yearning for light. Through that communication you can dissipate your doubts or tear away the veil hiding some Mystery.

122. Prayer is the beginning of the spirit to Spirit communication that in times to come will flourish and give its fruits to all humanity.

123. Today I have revealed all this to the people who hear Me so that they may be the forerunners of the Era of spirituality. (276, 18 – 19)

The Power of Prayer

124. When one of you prays, you do not realize what you reach spiritually with your thoughts, and it is necessary that you know that when you pray for your brothers, for those people destroying themselves in war, in those moments your spirit is prosecuting a war as well, a mental war against evil, and your sword, which is peace, reason, justice, and a yearning for the good of your brothers, clashes with the weapons of hatred, vengeance, and pride.

125. This is the Era in which men realize the power of prayer, and for prayer to have true power and light, it is necessary that it be sent up to Me with love. (139, 7 – 8)

126. Thought and the spirit, united in prayer, create in mankind a force superior to any human strength.

127. In prayer the weak are strengthened, the coward dressed in courage, the ignorant are illuminated, and the clumsy made able.

128. The spirit, when it has achieved harmony with the mind in order to reach true prayer, becomes an invisible soldier who leaves behind for a few moments that which touches his being, and passes to other places, frees itself from the influence of the material, and gives itself over to the struggle to do good, to banish danger and evil, and to bear within a glimmer of light, a drop of balsam, and a breath of peace to the needy.

129. For all I tell you, understand how much you can do with the mind and spirit, in the midst of the chaos in which man is immersed. You are in a world of conflicting thoughts and ideas, where passions for materialism are alive and the spirits navigate in darkness.

130. Only He who has learned through prayer to elevate himself in thought and spirit to the regions of light, to the dwellings of peace, may penetrate without being defeated to the world of contention, where all human passions are reflected, leaving in exchange something of value for those who have need of the light of the spirit. (288, 18 – 22)

131. Learn to pray, for with prayer you may do much good, just as you may defend against threats. Prayer is both shield and sword, if you have enemies you may defend yourselves with prayer, but know that this weapon must never wound or injure anyone, for its only purpose is to shine in the darkness. (280, 56)

132. The elements are unleashed against mankind, but you must not fear, for you know that I have given you the power to overcome evil and protect your brothers. You can order those elements of destruction to stop, and they shall obey. If you continue praying and watching you can perform prodigies and surprise the world.

133. Pray with purity, make communion with My Spirit, do not seek out a particular place to do this. Pray beneath a tree, on the road, on a mountaintop, or in the corner of your bedroom, and I will descend to converse with you, to illuminate you, and to give you strength. (250, 24 – 25)

134. Truly I tell you that if you were already united in spirit, thought, and intention, your prayer would be enough to stop the nations that now prepare the hour to throw themselves at each other; you would destroy the hatreds, and would be an obstacle to all the evil projects of your brothers. You would be like an invisible sword to vanquish the strong and a shield to defend the weak.

135. Humanity, confronting these trials revealing the existence of a higher power, will pause for an instant to meditate; and that meditation will spare them from many of the heavy touches and trials that they are to receive at the hand of nature and the elements. (288, 27)

136. If you had great faith and greater knowledge of the power of prayer, how many works of charity could you do with your thoughts? But you have not granted to it the power that it has, and so, many times you have not realized what you have turned down in a moment of true and heartfelt prayer.

137. Do you not understand that a higher power is preventing the most inhumane of all your wars from breaking out? Do you not understand that taking part in that miracle are millions of the prayers of men, women, and children, who with their spirits are combating the darkness and struggling against the influence of the war? Continue praying, continue watching; but put into these actions all the faith you are able.

138. Pray, people, and over war, pain, and misery, lay the cloak of the peace of your thoughts, making of them a shield underneath whose protection your brothers may shelter and be enlightened. (323, 24 – 26)

The Love of God and Your Neighbor as Veneration of God

139. Be aware, My new disciples, that you should always honor and offer tribute to the Lord, without awaiting specific dates, in the same manner that the Father always loves you. But if you want to know how to remember My deeds of love on a daily basis without falling into fanaticism, I will tell you how. During your lifetime, you should continually love one another as a tribute to the one who has created everything.

140. Live in that manner, and I will grant you those things that you humbly request to forgive your faults. I offer you comfort and ease your pain, but I say to you, when your conscience makes you aware of your errors, pray, correct your errors, and with your spiritual gifts attain spiritual strength in order not to commit the same faults

again. Thus, you will not have to ask Me repeatedly to forgive you. My word is teaching you to evolve and to attain enlightenment and spirituality. (49, 32 – 33)

141. "I thirst," I said to the mob that did not understand My words and enjoyed My agony. And now, what can I say to you, when I see it is not a mob, but the whole world that wounds My Spirit without seeing My pain?

142. My thirst is infinite, incomprehensible, and only your love can quench it; so why do you offer Me outward worship instead of love? Do you not know that instead of water you are offering Me gall and vinegar? (94, 74 – 75) 143. "Verily I say to you that those who suffered and greatly offended Me, shall be the ones who will love Me more intensely and from their heart will constantly emerge their offering to My Divinity. It shall not be material offerings nor psalms, or altars of the earth; they know that the most pleasing offering and worship for Me are the deeds of love which they perform toward their brethren". (82, 5)

144. Day after day, your spiritual prayer, whose language your material nature does not understand because it has no words pronounced by your lips, nor ideas formed by your mind, comes to Me. The prayer of the spirit is so profound that it is beyond the human senses and powers.

145. By that prayer the spirit comes to the regions of peace and light where elevated spirits live, and saturating itself with that essence, returns to the transitory body to pass strength to it. (256, 63 – 64)

146. People: The time when you must know how to pray has come to you. Today I do not come to tell you to prostrate yourselves on the ground, I do not come to tell you to pray with your lips, or that you clamor to Me with florid words in beautiful prayers. Today I come to tell you: Seek Me with your thoughts, elevate your spirit, and I will always descend to make you feel My presence. If you do not know how to talk to your God, your repentance, your thoughts, your pain, and your love will suffice.

147. That is the language that I hear and understand; the language of truth and sincerity without words, that is the prayer that I have come to teach you in this Third Era.

148. Whenever you have done good works you have felt My peace, tranquility and hope, and that is because the Father is very close to you. (358, 53 – 55)

149. I reject all that which is vanity and human grandeur, for only that which is spiritual reaches My Spirit, that which is noble and elevated, pure and eternal. Remember that I said to the woman of Samaria, "God is Spirit, and it is necessary that He be worshiped in spirit and in truth". Seek Me in the infinite, in the pure, and there you will find Me. (36, 26)

150. Why do you offer Me those things that I have made for you? Why do you give Me flowers if you do not make them? On the other hand, if you present Me deeds of love, charity, forgiveness, justice, and of help for your brethren, then you will be offering Me a true spiritual gift, and will ascend like a caress to the Father, like a kiss which children will send their Lord from the earth. (36, 29)

151. Nor do I wish you to enclose your worship in material houses of worship, for you will thereby imprison your spirit and not allow it to open its wings to conquer eternity.

152. The altar I leave you, and on which you shall celebrate your worship as I expect, is life beyond any limitations, beyond all religions, churches, and sects, for it exists in the spiritual, in the eternal and Divine. (194, 27 – 28)

The Communion of Conscience between God and Man

153. "Today I come to you with a teaching that might seem impossible for the world to practice; but once it is understood it is the easiest to fulfill. I come to teach you the worship of the love of God through your life, your deeds and the spiritual prayer, which is not pronounced by the lips at a predetermined place, nor is it in need of forms or images to be inspired". (72, 21)

154. While men have wanted to see Me as a distant and remote God, I have proposed to show them that I am closer to them than their eyelashes.

155. They pray mechanically, and if they do not see all they asked for immediately, discouraged they exclaim: "God has not heard us."

156. If they knew how to pray, if they united their minds and hearts with their spirits, they would hear the Divine presence of the Lord in their conscience and feel his presence very close to them. But how can they expect to feel My presence if they ask through materialized worship. How can they possibly sensitize their spirits if they worship even their Lord through images made with their own hands?

157. I want you to understand that you have Me very close to you, that you can communicate with Me, feel Me as well and receive My inspirations easily. (162, 17 – 20)

158. "Practice the silence which favors the spirit so that it will find its God; that silence is like a fountain of knowledge and all who penetrate into it, will be filled with the clearness of My wisdom. The silence is like a closed place with indestructible walls, to which only the spirit has access. Man constantly carries within his innermost, the knowledge of the secret place in which He can communicate with God".

159. "You can communicate with your Father wherever you are, for the place is of no consequence, it can be at the top of the mountain or if you find yourself in the depth of a valley, in the commotion of a city, in the peace of your home or in the midst of a struggle; if you seek Me in the interior of your sanctuary in the midst of the deep silence of your elevation, the doors of the universal and invisible temple will be opened instantly so that you feel yourself truly in the house of the Father, which exists in each spirit".

160. When the pain of your ordeals overwhelm you and your afflictions of life annihilate your senses, if you experience an intense desire to obtain a little peace, retire to your chamber or seek the silence, the solitude of the countryside; there elevate your spirit guided by its conscience, and enter into meditation. The silence is the kingdom of the spirit, a kingdom that is invisible to human eyes.

161. At the moment of penetrating the spiritual ecstasy, the awakening of the superior senses is obtained, intuition surges, the inspiration glows, the future is perceived and the spiritual life touches what is distant, and makes possible what before seemed impossible.

162. If you wish to penetrate the silence of this sanctuary, of this Ark, you yourselves should be the ones to prepare the way, for only with true purity will you be able to penetrate it. (22, 36 – 40)

163. It is necessary for My prophets to rise again to admonish men, because while there are people who destroy themselves, blinded by ambition and violence, those who have received My light and calmly judge humanity, are fearful of rising to give the good news.

164. If this humanity would know how to pray with the spirit, they would hear My voice, they would receive My inspiration, but each time they pray they place a veil over their eyes which hides to them the light of My presence. I have to come to men during the moments when their bodies are at rest to awaken their spirit, to call on him and converse with him. It is Christ, who like a thief in the middle of the night, penetrates your heart to sow My seed of love within. (67, 29)

165. Learn to pray and meditate at the same time, so that knowledge and understanding arise in each one of you. (333, 7)

166. "Spiritualism is liberty; that is why those who now hear me and have understood the meaning of this liberating Doctrine see open up before them a great valley, where they shall struggle and give testimony that the time came when God, the Almighty Creator, came to establish communications between Himself and man." (239, 8)

167. The doctrine of Christ was spiritual, but men surrounded it with rites and forms to put it within reach of the spirits of scarce elevation.

168. You have entered the Era of the Spirit, that of the great revelations, in which materialism, imposture, and imperfection will disappear from all worship; in which all men, through the spirit, shall recognize God, who is all Spirit, and on that road find the means of perfect communication. (195, 77 – 78)

169. When men have learned to communicate with My Spirit, then there will be nothing they have to ask or look up in books.

170. Today they still ask those who they think know more than they do, or they pursue texts and books, anxious to find the truth. (118, 37)

171. If you learn to meditate a few minutes each day, and if your meditation is on the spiritual life, you will discover an infinity of explanations, and will receive revelations that you can not get in any other way.

172. Your spirit already has enough light to ask questions of Me and to receive My replies. The spirit of humanity has already reached great elevation. Observe your brothers of humble condition who, in spite of the poverty of their knowledge, surprise you with their profound observations and the clear manner in which they explain that which for many others is inexplicable. Did you think they had frequented books or schools? No, but they have discovered, by intuition or by necessity, the gift of meditation that is part of spiritual prayer. In their loneliness, isolated from influences and prejudices, they have discovered how to enter into communion with the eternal and the spiritual, with truth; and some more, and some less, all who have meditated on the true essence of life, have received spiritual light for their understanding. (340, 43 – 44)

173. You ask Me what does the prayer consist of and I say to you: Allow your spirit to elevate freely toward the Father with true faith and confidence during those moments of prayer. Allow your heart and mind to receive inspirations from the spirit, and accept with true humility the will of the Father. The one who prays in that manner will be able to feel My presence joyfully at any moment during his life on earth, never again feeling that He is indigent. (286, 11)

174. There, in the purest part of their being, in the spirit, will be where I write My Law in this era; it will be there that I make My voice heard and where I will build My temple, for that which does not exist in the spirit, might as well not exist.

175. And so, though you raise enormous temples in My honor, though you offer feasts and ceremonies full of splendor, your offerings will not reach Me, for they are not of the spirit. All external worship bears in it vanity and ostentation; in contrast, the quiet offering, that which the world never sees and that you offer Me spirit to Spirit, that reaches Me because of its humility, its sincerity, its truth. In a word: Because it proceeds from the spirit.

176. Read again My parable of the Pharisee and the publican from the second time, and then you will understand My teaching, which has been the same in all times. (280, 68)

177. Do you know that some are loved without deserving it? That is how I love you. Give Me your cross, give Me your sadness, give Me your dashed hopes, give Me the heavy burden you bear, I can bear all the pain. Feel yourselves free of your burden so that you may be happy, enter into the sanctuary of My love, and be silent before the altar of the Universe, so that your spirit may converse with the Father in the most beautiful of languages: that of love.

Sermon of Jesus about 'The Proper Supplication'

(March 19, 1872)

John 16:23... "Verily, verily, I say unto you, Whatsoever ye shall ask the Father in my name, he will give it to you."

This verse, which in the Catholic ecclesiastical year is chosen for this Sunday, tells you how, as a consolation for the loss of My person, I gave My disciples the hope that they, if necessary, would receive from My Father in heaven everything they might ask for. I held out this happy prospect to them because thus they could stay in spiritual contact with Me, for even if I was no longer visible to them, I would still hear their prayers and help to have them fulfilled.

This passage in the Bible is easy to understand, but if you look into it more carefully, you will find it holds something much more profound. In order to explain to you its analogy and interpretation, we must first answer the question: "What actually is supplication?"

As I have already often pointed out, you speak many a word without having any idea at all what it really means. This shows how little you know of the depth, force and might of the word as an expression of a thought. Therefore, I am frequently compelled to draw your attention to the individual words forming a Bible text, so as to gradually lead you to their comprehension. As long as you do not know the analysis of the words and their respective interpretation, a comprehension of even the simplest Bible text is out of the question. Then the Bible, with all the treasure of wisdom it contains, remains incomprehensible for you. If one is satisfied with the superficial literal meaning, this could at most give one or the other some comfort and peace in difficult moments of his earthly life.

Reverting to our text from the Gospel of John, let us first answer the question: What is a supplication? Then let us look at its spiritual significance when it is directed to Me as the omniscient Lord and Creator.

Well, a supplication is the imploration for help from someone mightier and stronger when a person's own strength is insufficient. It is a request for active assistance either for oneself or another being who needs support or help.

What does this imploration prove? It proves one's own impotence; since one cannot command, one is led to supplicate.

If a supplicant comes to someone with a request and refers to some other well-meaning person or friend with the help of whose name or personal intercession he wants to impress the influential person, this proves that the supplicant, by mentioning a name that is dear or agreeable to the third person, hopes to make him more favourably inclined to grant his request.

This will explain to you why I, as Jesus, recommended to My disciples to ask the Father in Heaven in My name and why I promised them in advance that none of their supplications would remain unfulfilled. Thereby I wanted to keep reminding them of their own impotence, of how incapable they were of achieving things by themselves and wanted thus also to keep alive the memory of My activity and life in their midst, because only

in this way – with spiritual aspirations – would they evaluate the things of this world correctly and not misinterpret them.

This way of supplication was to bring about a constant growing of faith in Me, Who – although no longer visible – was still always with them spiritually. This helped them to believe in My descent from above and to pass on to others this unshakable faith in guidance by a supreme being as a Creator, Supporter, Lord and Father.

It is obvious that I, as God, did not require their supplications and had known in advance for eons of times what they needed and what was best for them. The sole purpose of supplication was to awaken in them, as well as in people in general, confidence in Me that I am not a God Whose greatness was to make the tiny human being tremble, but that I, although a God and a Supreme Being, am accessible to My children and created beings as a loving Father through a meek approach, through ardent supplication or prayer which can only be granted by a loving Father, and not by a God who is a severe judge.

That I, as Jesus, offered Myself for intercession, saying: “What you shall ask in My name, the Father in Heaven will give you!”, was because during My life on earth they had witnessed and understood My love, toleration and patience with the weaknesses of others. This enabled them to have at least a faint idea of the Father Who at all times proves His love to such a son as I was as Jesus. Only in this way could the inaccessible God Jehovah become accessible to them; only in this way did they have the courage to lift their hearts towards Me and only in this way did they gain the confidence that if they prayed in My name or implored Me to grant their supplications, they would be given a favourable hearing.

In this way, the spiritual union that had united Me, as Jesus, with them on the one hand and with My Love, or the Father, on the other hand, was never disturbed.

My disciples confidently went out into the world, taught and preached My Gospel, performed miracles and even sacrificed their own lives because their union with Me, which had continued uninterruptedly, kept drawing them away from the material world and towards the spiritual.

Thus they set an eternal example for the force of faith, of prayer rising towards Me out of a pure heart with only spiritual aspirations expressing in advance gratitude for blessings which My children would have received in any case, even if they had not asked for them.

Behold, My children, all that is at the bottom of the word “supplication”. How great is its significance, and how much enjoyment it gives the supplicant’s heart! And, as in the world a supplicant is often full of hope that his request will be granted and already lives in happy anticipation, which enhances his confidence in the giver and increases his love, thus spiritually the drawing closer to Me as the Father of all creation is the sole comfort that a just God, Who lovingly embraces everything, is certain to want only what is right and good and, therefore, to fulfill every just supplication.

Thus, there is always a bond between created being and Creator, and it is not based on fear, on crouching before the throne of an almighty, wrathful God and severe judge. No, it is based on the faith and love a dependent child has for its strong protector, its father.

It is love and not fear that keeps the heart in motion and makes it strive with a joyful beat towards the eternal, immutable Father of all created beings. It is the most beautiful bond that exists in nature, the bond of love between a child and its father, for the sake of which everything was created, is preserved and perfected. This is the only bond adequate for a spirit like Me, and the only one that can help a man or created being attain his spiritual nobility.

Therefore, My children, you should understand what it means to “make supplication”, to pray, to turn to Me in the name of Jesus. The name “Jesus” comprises My greatest act, My greatest sacrifice which I made out of love for you and all spirits.

Remembering My suffering, you cannot be proud; remembering My love, you cannot hate; and remembering My sacrifice, you cannot be mean; but by invoking My earthly name, you should strive after all these virtues which I personally practised during My life on earth.

Your supplication to Me shall lift you above all that is worldly, shall guide you into My spiritual kingdom where I grant with pleasure what is in a spiritual sense good for the applicant or his fellowman.

If you know what supplication means, if you know whom you must ask, there is still another point to be considered, namely, what you may ask for to have a hope that at least part of it will be granted.

Most people make a mistake in this latter point. Many only make supplication when they are distressed and many others ask for worldly benefits or other unessential things.

From what has preceded this you may understand the real nature of supplication to Me. I must remind you that I have said: “My Kingdom is not of this world!” and “Whoever wants to pray to Me must do so in spirit and in truth!”

These words prove to you that not worldly things are involved and that you show little respect and love if you regard Me like an ordinary judge or monarch to whom applications have simply to be submitted and with whom it is believed to achieve a purpose more easily through a certain intercession.

Look at the world and how much nonsense is asked of Me. How many imagined intercessors are used. If people would only ponder on their own actions, they would have to be ashamed of the way they want to drag down God, the Creator and Lord of Infinity, to insignificant things of worldly life. They do not bear in mind that most evils and misfortunes do not stem from Me, but from man’s own attitudes.

If I allow men to do what they like and they thus create for themselves illnesses and accidents from which they could derive some spiritual benefit, why should I prevent what could only serve for their spiritual good? Surely I cannot consider everybody’s worldly well-being, but only the main purpose of his life on earth. How could I give My children that which would only be detrimental to them?

Oh you shortsighted and gullible people! You are like children who want at all costs to put their hands in the fire because they have not yet experienced the fact that fire not only gives light, but also burns.

I could tell you of so many things that are prayed for! One wants money, the other health, the third success in his venture, the fourth complains that death has caused losses in his family, the fifth wishes to see his children in luxury and a life of pleasure rush headlong towards hell, and so on. But none of them considers that with the granting of the prayer the spiritual welfare of those involved would often considerably suffer. They do not take into account that suffering and misfortune are the corner-stones which form obstacles to the staggering ones when they indulge in worldly activities and tend to completely ignore spiritual progression.

You fathers and mothers desire for your children all the good things, as health, wealth, a long life and a high position in the world. Well, what you wish for, as tiny beings in My creation, would be allowed to Me too, I should also be allowed to educate My children in such a way that they may enjoy in the fullest measure all the good and beautiful things in My creation which I have stored up only for them, that they are spiritually sound, rich in love and can be set over great things close to Me.

Behold, I want the same you yourselves want. The difference consists only in that you humans, in order to become My children, have to go through different schools from the ones you let your children attend. This is where our opinions differ.

Besides, it is only a short period of time during which you are concerned for your children's welfare, whereas I take care that the everlasting future life of My charges becomes one full of bliss and unimagined enjoyments.

Thus you can see that in this point I often have to be unbending and write your silly prayers into the sand to be blown away by the next breeze, whilst My arrangements are written as laws in imperishable stones of eternity. Therefore, consider your supplications well and do not ask Me for the ruin of My children! I have created them for life eternal, as spirits, as angels, and not for a life of pleasure in worldly filth to one day maybe bring Me a defiled soul.

So when you make supplication and ask for My help, bear in Mind that I already know in advance what you will ask for and that you cannot tell Me anything new. Bear in mind that men would never have got into difficulties if it had not been My will to teach them through their own mistakes. Do not forget that your only consolation is your trust in Me. I, too, had trust when in the Garden of Gethsemane, in the face of My greatest suffering which I had to bear as man, I prayed: "Father, let this cup pass from me!" But the cup was not taken away and I had to drain it to the last drop. Remember that I then said: "Nevertheless, not as I will, but as thou wilt, O Father!" These words with which I willingly submitted to My fate may serve you as your sole guiding-star in your life on earth.

Yes, make supplication in My name, entreat Me from the depth of your heart. Such entreaty will comfort you and give you peace, and with it you have done your duty towards Me. But leave the fulfilling, or otherwise, of your requests to Me.

I see better and farther and cannot grant everything that blind and immature children want. Why? Because as adults you can see clearer and are more sensible. And what small children are in relation to you, you are in relation to Me, even much less.

Therefore, trust in Me! I know how and when to give and how and when to take. My ways are inscrutable, and it often happens that when you shed many tears of sorrow, My spirits and angels rejoice.

I once told My disciples to trust in My ever-loving intentions. The same trust I would like to awaken in you, for without it you cannot progress a single step; you would despair of your fate and end up as atheists. Trust in the thread which safely guides you out of life's labyrinth into the hands of a loving Father Who often is closest to you when He appears most distant.

Make supplication and pray, but do not ask for the impossible, for worldly things. I am spirit and so are you. I can only judge as a spiritual being and you, too, must learn already during your life on earth to give the spiritual precedence over the worldly, material things.

Then, what I once said to My disciples will also apply to you: "Whatsoever you will ask in My name shall be given to you!" Of this you may be sure, especially since I am now repeating My promise. Amen.

Jesus explains the true Prayer

THE GREAT GOSPEL OF JOHN VOLUME 2 – Chapter 111
Revealed by Jesus Christ through the Inner Word to Jakob Lorber

1. When we all were back onshore, the Centurion said: "Lord, now I have abundant proof that You are either the highest God Himself, or a Son of Him; for no mortal could have done this!"
2. Thereupon all fell on their knees and wanted to worship Me.
3. However, I instructed them to rise from the ground and said to them: "Listen, God and I do not need any of this, since the only true prayer consists of the sincerest love for God, the Father in heaven, and equally for your fellowmen, who are your neighbours. All other prayers have no value before God, and not before Me either.
4. God also never taught the people to honour Him with the lips, while keeping their hearts cold. But since Samuel prayed audibly in front of the people, which several of the prophets did as well, and because David sang his psalms and Solomon his song of praise to God the Lord, the people arrived at an empty prayer of the lips, and to cold sacrifices.
5. However, before God, such prayers and sacrifices are repulsive! Whoever cannot pray within the heart should not pray at all, so as to not behave improperly before God. God did not give feet, hands, eyes, ears and lips to man so that he may pray vainly and vacuously with them; only the heart can truly pray!
6. However, man can still pray with his feet, hands, eyes, ears and lips; namely, with the feet by going to the poor and bringing them assistance and consolation; with the hands by helping the needy to stand up; with the eyes by lovingly gazing at the poor; with the ears when it pleases him to actively listen to God's word and not hide them from the needs of the poor; and finally with the lips when it pleases him to talk to the poor, the desolate widows and orphans in a comforting manner, and when, to the degree of his might and strength, speaks a mitigating word, on behalf of the prisoners, to those who often imprison innocent people, so that they may be released.
7. Thus, man also prays with the lips, if he teaches the uneducated the true faith, the correct perception of God and all kinds of useful virtues. All this is then a prayer most pleasing to God.
8. Since you know this now, act accordingly, and there will never be a lack of blessings from God! For it means: Worship God in spirit and truth.
9. It may be written that man should pray uninterruptedly, if he does not want to fall into temptation; but how foolish and utterly clownish would it be if God would insist on an incessant lip prayer from man! In this case, in order to please God, man would have to be on his knees day and night and continually cackle empty, heartless and pointless lip prayers, just like the birds in the air! When would they perform all the necessary tasks at hand? But if you, with your hands, feet, eyes, ears and lips, are constantly active, and in your hearts always love God and your poor fellowmen, you indeed pray truthfully and incessantly to God, Who, therefore, will always bless you, and one day in the beyond will give you the most blissful, everlasting life! – Have you understood all this?"
10. They all say: "Yes, Lord and Master, this is as clear and true as the light of the sun, and we will all act accordingly!"

Your Prayers are powerful & The crying of your Heart speaks Volumes

April 27, 2016 – Words from Jesus thru Sister Clare

(Clare) The joy of the Lord is our strength, precious Heartdwellers.

This morning during my communion service, Holy Spirit rose up in me to pray for certain individuals who are going through serious trials right now. I felt the Lord's concern for them as well. I had recently learned that prayers from the previous two days have had an immense impact on the oppression certain people were in. That was very encouraging for me. After the service, I felt prompted to come and write, and this is what Jesus said...

(Jesus) "I will indeed answer these prayers for others. You see, your prayers are powerful. This is what has been lacking, seeing the evidence and result of your prayers. When you don't see change in things that are out of your sphere of influence... you don't realize what massive affects your prayers really have on situations. This is your problem with prayer. You don't recognize the power that's released. If you did, I couldn't keep you out of prayer, My little OCD Bride!

"How important that is! How important even the littlest prayer is, but how much more important is prayer that contends with darkness for the victory. From now on, I want you to continue this routine that is building you up into who you are in Me. A communion service is so very important. Worship beforehand is good. You will feel when it is time to have the service and many times I will come to you and give the message afterwards."

"Oh Clare, I see your heart, I hear your cries. Do you not know how powerful they are in moving My Heart? My mother came to Me in this way. I would read her heart and feel her intentions and I could not resist responding to her aching heart. And you also, My Brides, because all of you have suffered for Me and are willing to suffer for Me, I have compassion on you and your families. Your tears move My Heart, My loved ones. Your tears speak volumes and volumes of love to Me. I cannot resist a loving and pure heart. That is why the war did not begin until Faustina died. I had to move her out of the way."

(Clare) Faustina was a nun in Poland who interceded against the second World War. She's the one who the Lord gave the Divine Mercy Prayer to, which we pray. Jesus continued...

(Jesus) "And yes, I must move My Bride out of the way before the very worst happens. She is praying, shedding tears, fasting, seeking Me, repenting for this world's sins. How can I ignore her pleas? I can't. Simply, I just can't. So, I continue to answer her with change as she cries out. You know this truth. You know also that there will be a time when the Father says, 'Enough!!' and I will remove you. Just as I removed Faustina. But before that time your prayers are changing things around you. They are working. Do you understand?"

"So few understand that prayer is WORK. It is hard labor, a labor of love, and of all the things man can put his energy into, prayer is the most powerful. It is not building freeways, hospitals, skyscrapers, and bombs – no, it is prayer. And prayer is the intention of the heart pleading with Me, petitioning Me, pressing into Me with a contrite heart. But prayer does not have to be formal. The crying out of the heart speaks volumes to Me and I cannot ignore it."

"So, what I am saying to all of you: prayer WORKS. It can even be hard labor. It takes just as much effort to pray effectively as it does to physically lift hundreds of pounds and build a house. Yet the world does not acknowledge prayer as work. For this reason, all of you are assailed by guilt. And who do you suppose is the author of that?"

"If you want to know how effective your prayers are, short of seeing the results, look at the efforts that are put into stopping you, depriving you of your prayer time, interrupting it. Look and measure the resistance. Then you will see assignments against you such as... Hunger, sleepiness, feelings of guilt for not getting caught up on the laundry... 'Here you are enjoying yourself in prayer while your housework is unfinished!'

"You will see people come to your door, phone calls out of nowhere. Anything to take you out of prayer. And for you poor OCD Brides, I must seriously help you if you get up to do anything, because I may not enjoy your

presence in prayer again until tomorrow. Once you get up, you are easily distracted by your to-do list and loose ends around the house.”

“This is one reason why prayer at 4:00 or 5:00 in the morning is better for you. You can’t do housework then, really. All that time is well suited for is prayer. Whereas if you wait until after all the work is done, you may feel the liberty of saying, ‘Whew, now I can relax.’ But watch how your mind spins like a roulette wheel and lands on some unfinished chore and you feel the demand to get up and do it first, before you get deeply into prayer. And your mind does not want to cooperate and focus on Me. It tends to continue to spin.”

“Oh My Children, the tactics of the enemy are endless. And for those who are well-disposed to take care of their households, the enemy uses that against you to pry you away from Me. You may even have a spouse rise up and say, ‘You haven’t done this, you haven’t done that and now you’re just sitting there?’ Then you are forced to live with that scrutiny over your shoulder.”

(Clare) Here, as an aside, I would like to add that in situations such as this, I recommend you get out of the house, even if it’s cold. Take a sleeping bag and go sit somewhere with your coffee and pray.

(Jesus) “I am stressing this to you all because some of you don’t know how to pray, when to pray or how to keep your right to prayer in the midst of oppression. You have all been taught about dwelling prayer, which is so very important to cultivate your relationship with Me. After all, how can a Bride be a Bride without time with her future husband? And now I am adding to it the simple devotion to the Scriptures and communion.”

“So, I am coming to you all to establish you in solid habits that will strengthen you and bring forth sweet fruit. Copious sweet fruit.”

“I bless you now with perseverance and steadfast faith, that your love for Me will triumph over all earthly and spiritual forces arrayed against you. I will bless your obedience and you will grow in stature to resemble Me.”

As it is written... Christ Himself gave emissaries, some as prophets, some as evangelists, some as shepherds and teachers, for the perfecting of the Saints to the work of service to a building up of the Body of the Messiah, until we all come to the unity of the belief and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of the Messiah. (Ephesians 4:11-13)